



# Rota-Briefs



Rotary Club of Cohoes - A Subsidiary of Rotary International

August 10, 2016

**Invocation:** Byron Moak

**Song:** Row, Row, Row Your Boat, Mike Brooks

**Birthday:**

**Anniversary:** Curtis Hovey

**Visiting Rotarians:** Byron Moak, Lansingburgh Club

**Guests:** Domenic Cunsolo, Nancy Cunsolo, Addison Brady

**Door Prize:** Mike Brooks

**Powerball:** Byron Moak tried for \$287 but was unsuccessful.

**Rotarians Present:**

Barrett, Brooks, Heslin, Hovey, Mitola, Tremblay, E., Tremblay, L., Van Alstine

**Good News/Bad News:**

The following members paid happy/sad dollars:

**Mike Brooks** thanked Bob Van Alstine for the ride to the meeting. After hearing Domenic Cunsolo from Cohoes High School introduce himself and talk about his desire to be a Rotary exchange student, Mike complimented Domenic's mother Nancy for doing such a good job raising her son. He read some words of wisdom.

**Stephanie Heslin** was happy that after her daughter had an emergency appendectomy she is doing well. She welcomed all the club's guests. She was happy the rain stopped.

**Byron Moak** is always happy to be at the Cohoes Rotary meetings. The Lansingburgh Rotary's Brooks Barbecue will be August 14. He was sad that two of his friends from the Masons recently passed away.

**Bob Van Alstine** was happy for a nice family outing on Lake George. He welcomed the club's guests.

**Marshall Barrett** was sad that he had to have dental work done on his birthday. The real pain was at the end when he had to pay.

**Ed Tremblay** was happy for the good Board meeting last night. He was happy for how well the US Olympic team is doing.

**Curtis Hovey** was happy for a good Board meeting. He was sad to have missed the meeting last week but happy he had a wonderful vacation with his family.

**Linda Tremblay** was happy that at last night's Board meeting the Board voted Bob Van Alstine as the Cohoes Rotary Club's Rotarian of the Year.

**Club Business:**

Curtis Hovey announced that Bob Van Alstine was voted Cohoes Rotarian of the Year. The Rotarians of the Year from District 7190 will be honored at a Valley Cats game on August 18. Tickets are available on the District website. All club members are encourage to attend to support Bob.



*Rotarian of the Year Bob Van Alstine*

Dave Mitola will be sending a form to the membership asking for suggestions of people who might be interested in becoming Rotarians.

Domenic Cunsolo, a student from Cohoes High School, reached out the Cohoes Rotary. He is very interested in the Rotary student exchange program. Domenic is class President, plays soccer, and is very active in St. Ambrose Church. Curtis Hovey will be working with Domenic and his mother to connect him with the proper people within the district to give him the information on Rotary Youth Exchange.

**Program:**

Club Assembly

## When and Where Other Rotary Clubs Meet:

To view when and where other Rotary Clubs in District 7190 meet go to:  
<http://www.rotary7190.org/>, click on When/Where Clubs Meet in the upper left corner of the home page.

### Rotary Club Officers

**Curtis Hovey** - President  
**Patricia Shannon** – President Elect  
**Linda Tremblay** - Secretary  
**Michael Brooks** - Treasurer  
**Marshall Barrett** – Sergeant At Arms  
**John Mucha** - District Governor

**Cohoes Rotary Web Site -**  
[www.rotaryclubofcohoes.org](http://www.rotaryclubofcohoes.org)

We conclude the meeting with recitation of The 4 Way Test led by Bob Van Alstine.

### The 4-Way Test

The 4-Way Test "Of the things we think, say or

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?"

From [ABC's of Rotary](#)

### Song: Row, Row, Row Your Boat

Row, Row, Row your boat,  
Gently down the stream.  
Merrily, Merrily, Merrily, Merrily,  
Life is but a dream.

### Century House Menu for Cohoes Rotary

**First Course**  
Caesar Salad

**Entrée**  
Open Faced Garlic Steak Sandwich  
Chef's Warm Corn Salad

**Dessert**  
Flowerless Chocolate Tarte