



Rota-Briefs



Rotary Club of Cohoes - A Subsidiary of Rotary International

October 12, 2016

Invocation: Bob Van Alstine

Song: "It's a Sin," Chuck Ries

Birthday:

Anniversary:

Visiting Rotarians: Byron Moak, Lansingburgh Club

Guests: Carol La Fleur, Monasia Johnson, The Arthritis Foundation

Door Prize: Bob Van Alstine

Powerball: Bob Van Alstine tried for \$376 but was unsuccessful.

Rotarians Present:

Barrett, Brooks, Mitola, Ries, Signoracci, Somers, Tremblay, L., Van Alstine

Good News/Bad News:

The following members paid happy/sad dollars:

Mike Brooks thanked Bob Van Alstine for the ride to the meeting today. He was happy the repairs on his car didn't cost him anything. He was happy that yesterday was his wife Marie's birthday. He read some words of wisdom.

Chuck Ries told a joke.

Byron Moak was happy that he had a good doctor's visit. The crown he was supposed to have Dave Mitola put on his tooth was unable to be delivered due to the hurricane in Florida. He was happy for the nice day.

Bev Signoracci was happy for the nice day. She was happy to have taken the train ride through the Adirondacks.

Marshall Barrett went to a high end restaurant in New Paltz that featured a dish with goat cheese made in Cohoes, NY. He of course tried the dish. The cheese was good.

Linda Tremblay was happy to have visited her son in Brooklyn over the weekend to celebrate his 41st birthday and is looking forward to a long weekend in Cape Cod this week.

Dave Mitola was happy to introduce guests Carol LaFleur and Monasia Johnson from The Arthritis Foundation.

Bob Van Alstine attended a retreat that he found very enlightening.

Club Business: The Cohoes Rotary Club is one of five clubs in the District who will be piloting the Membership Playbook, a document put together by the District Membership Committee with guidelines on how to increase membership. The gently used coat drive is ongoing. If anyone has coats to donate they can be dropped off at the Cohoes Community Center or dropped off at a Rotary meeting. The Cayuga

Plaza Clean Up will be October 22, the apple pie sale will be October 29 at the Cohoes Harvest Fest, and the Halloween Party will be October 31 at the Cohoes Community Center. Volunteers are needed for all events.

Program: Carol La Fleur, Executive Director of the Northeast Kidney Foundation, talked about the work the Foundation does to benefit those affected by kidney disease and transplantation. Monasia Johnson, an employee of the Cohoes Community Center, talked about her life before and after her kidney transplant.

Response: Dave Mitola responded on behalf of the club.



Monasia Johnson, Carol LaFleur, Dave Mitola

Upcoming Rotary Speakers and Events

10/19/16-Jennifer Hendricks-Fogg, Rotary District Membership Chair

10/22/16-Rotary Leadership Institute (RLI), Siena College

10/22/16-Cayuga Plaza Clean-Up-9:00 a.m.

10/26/16-Dave Mitola, Cohoes Rotary Membership Chair

10/29/16-Apple Pie Sale at Cohoes Harvest Fest

10/29/16- Rotary District 7190 Membership Summit

10/31/16-Halloween Party, Cohoes Community Center

11/17/16-Rotary Foundation Centennial Dinner, Saratoga National Golf Club

12/14/16-Cohoes Rotary Christmas Party, Century House

4/1/17-District Training Assembly and Grants Management Seminar, Skidmore College

When and Where Other Rotary Clubs Meet:

To view when and where other Rotary Clubs in District 7190 meet go to:

<http://www.rotary7190.org/>, click on When/Where Clubs Meet in the upper left corner of the home page.

Rotary Club Officers

Curtis Hovey - President
Patricia Shannon – President Elect
Linda Tremblay - Secretary
Michael Brooks - Treasurer
Marshall Barrett – Sergeant At Arms
John Mucha - District Governor

Cohoes Rotary Web Site -
www.rotaryclubofcohoes.org

We conclude the meeting with recitation of The 4 Way Test led by the club.

The 4-Way Test

The 4-Way Test "Of the things we think, say or

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?"

From [ABC's of Rotary](#)

Song: It's A Sin

Be sure it's true when you say I love you,
It's a sin to tell a lie.
Millions of hearts have been broken,
Just because those words are spoken,
I love you, yes I do, I love you,
If you break my heart I'll die.
So be sure it's true when you say
I love you,
It's a sin to tell a lie.

Century House Menu for Cohoes Rotary

First Course

Autumn Squash Soup

Entrée

Sliced Tenderloin Topped with sautéed mushrooms, onions and Maître de Butter over an Asiago Potato Cake

Dessert

Celebration Cake