

# Rota-Briefs



Rotary Club of Cohoes - A Subsidiary of Rotary International

April 12, 2023

**Mission of Rotary/Invocation:** Dave

Havnen

**Birthday:**

**Anniversary:**

**Visiting Rotarians:**

**Guests:**

**Door Prize:** Bob Van Alstine

**Powerball:** Ed Tremblay tried for \$106 but was unsuccessful.

**Rotarians Present:** Brooks, Havnen, Moak, Rose, Sage, Tremblay, L., Tremblay, E.

**Good News/Bad News:**

**Mike Brooks** read some words of wisdom.

**Bob Van Alstine** is happy to be walking again on a regular basis. He and Karen had a nice Easter dinner with their daughter Katie and their son Matt.

**Byron Moak** had a nice Easter. He and his family had a great meal at the Crowne Plaza Desmond. Byron's sister Carol was thrilled to have won the Easter basket raffle. His sad news was that his cousin died.

**Dave Havnen** was happy that spring is finally here. He attended a baseball game and the weather was comfortable. Dave has two doctor's appointments this week.

**Ken Rose** was happy for the great weather, but he knows it won't last.

**Bill Sage** was happy for the good weather. He had a nice Easter brunch with his family. His grandson from Pennsylvania was visiting.

**Ed Tremblay** was looking forward to the Patsy Cline tribute fundraiser dinner at LifePath at Cohoes Senior Center Thursday night.

**Linda Tremblay** had a nice Easter brunch with family at Emma Jayne's restaurant.

**Club Business:**

Laura Tarlo, Principal at Cohoes High School, will be the guest speaker at the April 19 Cohoes Rotary lunch meeting. Superintendent Peggy O'Shea will schedule some other speakers from the school district for May.

**Message from District Governor Denise DiNoto:**

On behalf of the CNY Rotary Nominating Committee, I am happy to announce that nominations are now being accepted for several leadership positions. I invite you to submit your nominations for President (DG) for the Rotary year 2025-2026. The President of CNY Rotary is an important role, responsible for serving as the representative for Rotary International. In order to be eligible to serve, a candidate must be a Rotary member in good standing for 7 years and served as President of a Rotary Club for a full term. You can learn more about the role and nomination process, plus access the nomination form at the CNY Rotary website at <https://cnyrotary.org/cny-president-nominations/>.

Please send completed nomination forms to [centralNYrotary@gmail.com](mailto:centralNYrotary@gmail.com).

Thank you for your service.

## Meeting Schedule

The schedule format is the first Tuesday of the month, a Board dinner meeting at 5:45 pm at the Century House. All club members are invited to attend. The second and third Wednesday of the month is a lunch meeting at 12:00 pm at LifePath at Cohoes Senior Center. The fourth Wednesday of the month is a Zoom meeting at 7:00 pm. There will not be a meeting if there is a fifth Wednesday in the month.

### Rotary Club Officers

**Tammy Parker** – President  
**Edward Tremblay**-President Elect  
**Roderick Sipe**- Past President  
**Linda Tremblay** - Secretary  
**Michael Brooks** – Treasurer  
**Ed Tremblay** – Sergeant at Arms  
**Denise DiNoto** - District Governor

**Cohoes Rotary Web Site -**  
[www.rotaryclubofcohoes.org](http://www.rotaryclubofcohoes.org)

We conclude the meeting with recitation of The 4 Way Test led by Linda Tremblay.

### The 4-Way Test

The 4-Way Test "Of the things we think, say or

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?"

From [ABC's of Rotary](#)

### Upcoming Meetings & Events

**4/12/23**-Cohoes Rotary Lunch Meeting,  
12:00 pm, LifePath at Cohoes Senior Center  
**4/19/23**-Cohoes Rotary Lunch Meeting,  
12:00 pm, LifePath at Cohoes Senior  
Center, guest speaker Laura Tarlo,  
Principal, Cohoes High School  
**4/26/23**-Cohoes Rotary Zoom Meeting, 7:00  
pm  
**5/2/23**-Cohoes Rotary Board Meeting, 5:45  
pm, The Century House, Latham  
**5/10/23**-Cohoes Rotary Lunch Meeting,  
12:00 pm, LifePath at Cohoes Senior Center  
**5/17/23**-Cohoes Rotary Lunch Meeting,  
12:00 pm, LifePath at Cohoes Senior Center  
**5/24/23**-Cohoes Rotary Zoom Meeting, 7:00  
pm

Rotary International President Jennifer Jones imagines a Rotary where members act to make their dreams become reality and make the most of their club experiences. During her year, Jones will focus on four presidential initiatives that Imagine Rotary: advancing our commitment to Diversity, Equity, and Inclusion (DEI); creating a welcoming club experience; empowering girls; and expanding our reach.

