

# Rota-Briefs



Rotary Club of Cohoes - A Subsidiary of Rotary International

February 15, 2023

**Mission of Rotary/Invocation:** Linda Tremblay  
**Birthday:** Dave Mitola  
**Anniversary:**  
**Visiting Rotarians:**  
**Guests:**  
**Door Prize:** Mike Brooks  
**Powerball:** Mike Brooks tried for \$65 but was unsuccessful.  
**Rotarians Present:** Brooks, Moak, Rose, Sage, Tremblay, L., Tremblay, E., Van Alstine

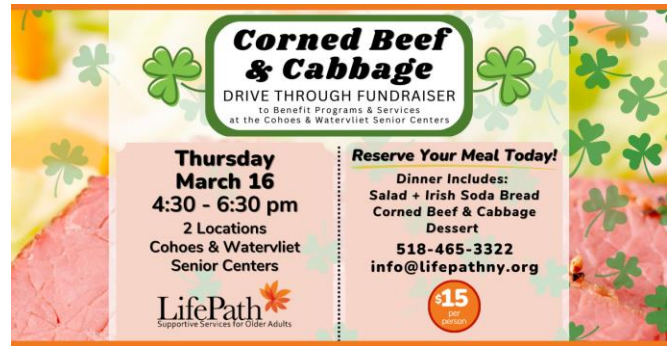
## Good News/Bad News:

**Mike Brooks** read some words of wisdom.  
**Bob Van Alstine** walked a mile yesterday. It was too windy to walk today.  
**Byron Moak** was happy for the good weather. In three weeks, the clocks will change. Next week Lent begins. Byron and his family went to Lanie's Café for Valentine's Day dinner. Byron was sad about the mass shooting at Michigan State. That's where Byron went for graduate school.  
**Ken Rose** said that coming to the Rotary meeting is the high point of his week. Tonight, he must eat his own cooking.  
**Bill Sage** was happy that his grandson passed his driving test on Monday. Today his grandson's volley ball team was at the Capitol for a presentation from Senator Tedisco.  
**Ed Tremblay** congratulated the Cohoes High School bowling team for winning the championship and moving on to States.  
**Linda Tremblay** had a nice Valentine's Day.

## Club Business:

Congratulations to Bob Van Alstine for winning the Valentine's Day 50/50 raffle. Bob won \$325 and a box of Valentine's Day chocolates. The next 50/50 raffle will be an Easter raffle. Tickets will be mailed to members. The winner will receive half the proceeds raised and an Easter basket.

## LifePath Corned Beef & Cabbage Dinner



## Rotary District Events 2023

### March 17-18

Multi-District President-Elect Training Seminar (PETS), Syracuse, NY

### April 1

District Training Assembly and Grants Management Seminar (open to all)

### April 5

District Executive Committee Meeting (Zoom)

### May 5-7

Multi-District Conference, Thousand Islands, NY (open to all)

### May 28-31

Rotary International Convention Melbourne, Australia (open to all)

### June 21

District Executive Committee Meeting (Zoom)

### June 2023

District Changeover (open to all)



## Meeting Schedule

The schedule format is the first Tuesday of the month, a Board dinner meeting at 5:45 pm at the Century House. All club members are invited to attend. The second and third Wednesday of the month is a lunch meeting at 12:00 pm at LifePath at Cohoes Senior Center. The fourth Wednesday of the month is a Zoom meeting at 7:00 pm. There will not be a meeting if there is a fifth Wednesday in the month.

### Rotary Club Officers

**Tammy Parker** – President  
**Edward Tremblay**-President Elect  
**Roderick Sipe**- Past President  
**Linda Tremblay** - Secretary  
**Michael Brooks** – Treasurer  
**Ed Tremblay** – Sergeant at Arms  
**Denise DiNoto** - District Governor

**Cohoes Rotary Web Site -**  
[www.rotaryclubofcohoes.org](http://www.rotaryclubofcohoes.org)

We conclude the meeting with recitation of The 4 Way Test led by Linda Tremblay.

### The 4-Way Test

The 4-Way Test "Of the things we think, say or

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?"

From [ABC's of Rotary](#)

### Upcoming Meetings & Events

**2/15/23**-Cohoes Rotary Lunch Meeting, 12:00 pm, LifePath at Cohoes Senior Center  
**2/22/23**-Cohoes Rotary Lunch Meeting, 12:00 pm, LifePath at Cohoes Senior Center, **Guest Speaker, Joseph Seman-Graves, City Planner, City of Cohoes**  
**No Zoom meeting for the month of February**  
**3/7/23**-Cohoes Rotary Board Meeting, 5:45 pm, The Century House, Latham  
**3/15/23**-Cohoes Rotary Lunch Meeting, 12:00 pm, LifePath at Cohoes Senior Center, **Guest Speakers Beth Smith Boivin and Andrew Sagarin, The Alzheimer's Association**  
**3/22/23**-Cohoes Rotary Lunch Meeting, 12:00 pm, LifePath at Cohoes Senior Center  
**3/29/23**-Cohoes Rotary Zoom Meeting, 7:00 pm

Rotary International President Jennifer Jones imagines a Rotary where members act to make their dreams become reality and make the most of their club experiences. During her year, Jones will focus on four presidential initiatives that Imagine Rotary: advancing our commitment to Diversity, Equity, and Inclusion (DEI); creating a welcoming club experience; empowering girls; and expanding our reach.

