

# Rota-Briefs

Rotary Club of Cohoes - A Subsidiary of Rotary International

August 11, 2021

**Mission of Rotary:** Roderick Sipe

**Invocation:** Dave Havnen

**Birthday:** Marshall Barrett, Steve Napier

**Anniversary:** Dave Mitola

**Visiting Rotarians:**

**Guests:** Addison Brady

**Door Prize:** Byron Moak

**Powerball:** Ed Tremblay tried for \$277 but was unsuccessful.

**Rotarians Present:** Brooks, Havnen, Moak, Sipe, Tremblay, E., Tremblay L., Van Alstine

## Good News/Bad News:

**Mike Brooks** read some words of wisdom.

**Dave Havnen** reported that he had a nosebleed. He was happy that he will not be having spinal surgery. Dave plans to stay inside tomorrow out of the heat.

**Byron Moak** reported that it has been one month since his surgery. His blood work looks good. In two weeks, he will be traveling by train to Cleveland to receive his 33<sup>rd</sup> Degree from the Scottish Rite.

**Bob Van Alstine** did his two mile walk early today before it got too hot. He attended a Cursillo meeting before this meeting.

**Ed Tremblay** was happy that there hasn't been much rain recently. He is having trouble finding contractors to fix the problems caused by the flooding at St. John's Church. Ed welcomed his granddaughter Addison as a guest at the meeting.

**Linda Tremblay** was happy to have her granddaughter Addison as a guest at today's meeting.

**Roderick Sipe** was happy to report that he has three golf outings scheduled in the next two weeks. On a sad note, Roderick was reminded how fragile life is. He has two clients who have lost family members very unexpectedly. Roderick encouraged everyone to make sure they have wills and health care proxies and that they are up to date.

## Club Business:

Past District Governor Terry Phillips will be the guest speaker at the August 18 Cohoes Rotary Zoom Meeting. He will be discussing membership.

## Program:

President Roderick had the pleasure of awarding two Paul Harris Fellow awards. Dave Havnen was awarded a Paul Harris Fellow Plus 7, and Ed Tremblay was awarded a Paul Harris Fellow Plus 1. Roderick congratulated and thanked Dave and Ed on behalf of the Rotary Club of Cohoes for their commitment to the Rotary goals of world understanding and peace through their substantial financial support of the Rotary Foundation and its many programs.



*Roderick Sipe, Dave Havnen, Ed Tremblay*

## When and Where Other Rotary Clubs Meet:

To view when and where other Rotary Clubs in District 7190 meet go to:

<http://www.rotary7190.org/>, click on When/Where Clubs Meet in the upper left corner of the home page.

### Cohoes Rotary Club Meeting Schedule

#### Meeting Schedule

The schedule format is the first Tuesday of the month, a Board dinner meeting at 5:45 pm at the Century House. All club members are invited to attend. The second Wednesday of the month will be a lunch meeting at 12:15 pm at LifePath at Cohoes (formerly Cohoes Senior Center). The third and fourth Wednesdays of the month will be Zoom meetings at 7:00 pm. There will not be a meeting if there is a fifth Wednesday in the month.

#### Rotary Club Officers

**Roderick Sipe** – President  
**Linda Tremblay** - Secretary  
**Michael Brooks** – Treasurer  
**Ed Tremblay** – Sergeant at Arms  
**Bruce McConnelee** - District Governor

**Cohoes Rotary Web Site -**  
[www.rotaryclubofcohoes.org](http://www.rotaryclubofcohoes.org)

We conclude the meeting with recitation of The 4 Way Test led by Roderick Sipe.

#### The 4-Way Test

The 4-Way Test "Of the things we think, say or

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?"

From [ABC's of Rotary](#)

#### Upcoming Meetings & Events

8/18/21-Cohoes Rotary Meeting, 7:00 pm,  
Zoom  
8/25/21-Cohoes Rotary Meeting, 7:00 pm,  
Zoom  
9/7/21-Cohoes Rotary Board Meeting, 5:45  
pm, The Century House, Latham  
9/15/21-Cohoes Rotary Meeting, 12:15 pm,  
LifePath Cohoes (Cohoes Senior Center)  
9/22/21-Cohoes Rotary Meeting, 7:00 pm,  
Zoom  
9/29/21-Cohoes Rotary Meeting, 7:00 pm,  
Zoom

**RI President Shekhar Mehta is urging members to become more involved in service projects, saying that caring for and serving others is the best way to live because it changes not only other people's lives, but also our own.**



**SERVE TO CHANGE LIVES**