



# Rota-Briefs

Rotary Club of Cohoes - A Subsidiary of Rotary International

February 23, 2022

**Mission of Rotary/Invocation:** Roderick Sipe

**Birthday:** Dave Mitola

**Anniversary:**

**Visiting Rotarians:**

**Guests:** Robyn Haberman, AARP

**Door Prize:** Chuck Ries

**Powerball:** Bill Sage tried for \$412 but was unsuccessful.

**Rotarians Present:** Brooks, Havnen, Moak, Ries, Sage, Sipe, Tremblay, E., Tremblay, L., Van Alstine

**Good News/Bad News:**

**Mike Brooks** read some words of wisdom.

**Bill Sage** was at his daughter's house taking care of her dog. She is vacationing in North Carolina and their flight back has already been cancelled due to the prediction of a substantial snowstorm on Friday.

**Dave Havnen** was happy for the nice weather the past few days. He got his eye injection last Wednesday. He was sitting near his computer, but lost track of time and missed the Rotary meeting.

**Bob Van Alstine** was happy to have walked a mile today, although it was windy.

**Robyn Haberman** was happy to have gotten a new cat after not having one for 7 years.

**Ed Tremblay** helped former Cohoes Rotarian John Farrell by driving for a funeral for Stanton-Farrell this morning. Ed's broken toe is beginning to feel better.

**Linda Tremblay** has been spending the past few days patching jeans for her son. They were so worn it would have been easier to make him a new pair of pants.

**Chuck Ries** was happy for the nice weather the past few days. He is happy that his snow blower is fixed and ready for the upcoming storm. Chuck has been busy at his office. He was at Le Moyne College in Syracuse to celebrate his granddaughter's 20<sup>th</sup> birthday.

**Byron Moak** went to see Dr. Katz at OrthoNY. He cannot be considered for a hip replacement until at least May because he recently had a cortisone shot. Byron got a handicapped sticker for his car. He is still going to physical therapy. He is not looking forward to the upcoming snowstorm.

**Roderick Sipe** was happy to have been at Northway 8 golf center hitting golf balls into a snow squall. He ordered new golf clubs. They will arrive in about three weeks.

**Club Business:**

The Rotary District Conference will be held April 29-May 1, 2022, at the Great Escape Lodge in Lake George. Cohoes Rotary Virtual Trivia Night will be held Wednesday, March 30, 2022, at 7:00 pm.

**Program:**

Robyn Haberman has been working with AARP in Albany since July. AARP is a nonprofit, nonpartisan organization whose mission is to empower people to choose how they live as they age. Dr. Ethel Percy Andrus founded the National Retired Teachers Association in 1947 and AARP in 1958 to help older Americans lead lives of independence, dignity, and purpose. AARP is dedicated to ensuring proper housing, healthcare, and financial security for all. As a legislative advocate, AARP leads the way in determining the role of older persons in society. The organization works to improve the image of aging.

AARP is an advocacy organization that offers trustworthy information through its publications and multimedia offerings. AARP offers health products, financial services, travel benefits, and product and services discounts to people 50 years of age and older. AARP has a Research Group and a Public Policy Institute.

Anyone interested in volunteering with AARP should contact Robyn Haberman.

**Response:**

Roderick Sipe responded on behalf of the club.

## When and Where Other Rotary Clubs Meet:

- To view when and where other Rotary Clubs in District 7190 meet go to:  
<http://www.rotary7190.org/>, click on When/Where Clubs Meet in the upper left corner of the home page.

### **Cohoes Rotary Club Meeting Schedule:**

**Note: Cohoes Rotary Board of Directors meetings will resume as in person meetings at the Century House in Latham. All other meetings will be Zoom meetings until further notice.**

#### Meeting Schedule

The schedule format is the first Wednesday of the month, a Board dinner meeting at 5:45 pm at the Century House. All club members are invited to attend. The second, third, and fourth Wednesdays of the month will be Zoom meetings at 7:00 pm. There will not be a meeting if there is a fifth Wednesday in the month.

### Rotary Club Officers

**Roderick Sipe** – President  
**Linda Tremblay** - Secretary  
**Michael Brooks** – Treasurer  
**Ed Tremblay** – Sergeant at Arms  
**Bruce McConnelee** - District Governor

**Cohoes Rotary Web Site -**  
[www.rotaryclubofcohoes.org](http://www.rotaryclubofcohoes.org)

We conclude the meeting with recitation of The 4 Way Test led by Roderick Sipe.

#### **The 4-Way Test**

The 4-Way Test "Of the things we think, say or

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?"

From [ABC's of Rotary](#)

### Upcoming Meetings & Events

3/1/22-Cohoes Rotary Board Meeting, 5:45 pm, The Century House, Latham  
3/9/22-Cohoes Rotary Meeting, 7:00 pm, Zoom  
3/16/22-Cohoes Rotary Meeting, 7:00 pm, Zoom  
3/23/22- Cohoes Rotary Meeting, 7:00 pm, Zoom  
3/30/22-No Meeting

**RI President Shekhar Mehta is urging members to become more involved in service projects, saying that caring for and serving others is the best way to live because it changes not only other people's lives, but also our own.**



**SERVE TO CHANGE LIVES**