

Rota-Briefs

Rotary Club of Cohoes - A Subsidiary of Rotary International

January 12, 2022

Mission of Rotary/Invocation: Roderick Sipe

Birthday: Ed Tremblay

Anniversary: Ed and Linda Tremblay

Visiting Rotarians:

Guests: Giovanni Otero

Door Prize: Bill Sage

Powerball: Mike Brooks tried for \$370 but was unsuccessful.

Rotarians Present: Brooks, Moak, Parker, Ries, Sage, Sipe, Tremblay, E., Tremblay, L., Van Alstine

Good News/Bad News:

Mike Brooks read some words of wisdom.

Byron Moak is going to physical therapy for his arthritis. He was happy the recent storm did leave as much ice as was anticipated. Three weeks from today is Groundhog Day.

Tammy Parker doesn't understand any of Mike Brooks' daily email jokes. Tammy was sad to report that her dad had to be placed in a nursing home. Many of her family members are going to the nursing home to assist with feeding him.

Bill Sage was happy that he got the new Iphone 13. He does not believe the instructions that say it sets up in three easy steps.

Dave Havnen was happy that the temperature tomorrow should be 40 degrees. His bad news was that he fell in his driveway and hit his head on Monday. His head bled so much he had to throw his shirt away.

Bob Van Alstine was happy to report that his wife Karen graduated from physical therapy from her knee replacement surgery. Bob is recovering well from his abdominal surgery. Bob got a new kitchen stove that has two ovens. He was not aware you could get a kitchen stove with two ovens. They also had to purchase a new gas fireplace.

Chuck Ries identified with Dave Havnen. A few years ago, he fell and was knocked unconscious. Chuck had to visit a client at his home. The client's driveway was so icy that when Chuck was leaving his car slide down the driveway sideways.

Captain Otero was sad to have recently had a stomach bug. Fortunately, it was not Covid, and it only lasted 24 hours.

Ed Tremblay reported that this was his sixth Zoom meeting since Monday. The Bridges Holiday Hope program was a success. There were 279 children who received Christmas gifts from the program.

Linda Tremblay was happy that her son, daughter, and son-in-law have all recovered from Covid. She hopes her grandchildren continue to stay healthy.

Roderick Sipe noted that it was only 67 days until spring. He was happy that he has moved into his own office space for Edward Jones on Automation Lane in Albany. The furnishings are a little sparse now, but the office is coming along.

Club Business:

The Cohoes Rotary will be meeting in an all Zoom format until further notice. Linda and Ed Tremblay printed out the Valentine's Day raffle tickets. They will be mailed to the club members tomorrow.

Program:

Captain Giovanni Otero from the Albany Salvation Army, is also a member of the Rotary Club of Albany. Captain Otero reported that the Albany Salvation Army raised \$70,000 in their holiday Red Kettle campaign. They gave away 500 food baskets and 300 children's toys for Christmas. The Salvation Army's message is based on the Bible's message to meet human needs. The Albany Salvation Army serves 200 people a month at their food pantries. People are allowed to come twice a month to get food or clothing. They are now tailoring some of their food pantries to address the diatetic needs of their clients. With a referral from a doctor, the client can get food tailored to their health needs and the food is delivered to them. The Albany Salvation Army prepares food boxes each week. They order 6,000 pounds of food a month.

Response:

Roderick Sipe responded on behalf of the club.

When and Where Other Rotary Clubs Meet:

To view when and where other Rotary Clubs in District 7190 meet go to:

<http://www.rotary7190.org/>, click on When/Where Clubs Meet in the upper left corner of the home page.

Cohoes Rotary Club Meeting Schedule

Meeting Schedule

The schedule format is the first Tuesday of the month, a Board dinner meeting at 5:45 pm at the Century House. All club members are invited to attend. The second Wednesday of the month will be a lunch meeting at 12:15 pm at LifePath at Cohoes Senior Center. The third and fourth Wednesdays of the month will be Zoom meetings at 7:00 pm. There will not be a meeting if there is a fifth Wednesday in the month.

Rotary Club Officers

Roderick Sipe – President
Linda Tremblay - Secretary
Michael Brooks – Treasurer
Ed Tremblay – Sergeant at Arms
Bruce McConnelee - District Governor

Cohoes Rotary Web Site -
www.rotaryclubofcohoes.org

We conclude the meeting with recitation of The 4 Way Test led by Roderick Sipe.

The 4-Way Test

The 4-Way Test "Of the things we think, say or

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?"

From [ABC's of Rotary](#)

Upcoming Meetings & Events

1/5/22-Cohoes Rotary Board Meeting, 7:00 pm, Zoom
1/12/22-Cohoes Rotary Meeting, 7:00 pm, Zoom
1/19/22-Cohoes Rotary Meeting, 7:00 pm, Zoom
1/26/22- Cohoes Rotary Meeting, 7:00 pm, Zoom

RI President Shekhar Mehta is urging members to become more involved in service projects, saying that caring for and serving others is the best way to live because it changes not only other people's lives, but also our own.



SERVE TO CHANGE LIVES