



Rota-Briefs



Rotary Club of Cohoes - A Subsidiary of Rotary International

June 19, 2019

Invocation: Byron Moak

Song: In the Good Old Summer Time, Chuck Ries

Birthday:

Anniversary: Roderick Sipe

Visiting Rotarians:

Guests:

Door Prize: Roderick Sipe

Powerball: Linda Tremblay tried for \$390 and **WON!!!!** She donated \$100 back to the club. Congratulations Linda.

Rotarians Present: Brooks, Moak, Ries, Sipe, Tremblay, E., Tremblay, L.

Good News/Bad News:

Mike Brooks thanked his wife Marie for the ride to the meeting and for the ride home. He read some words of wisdom.

Roderick Sipe was glad to see the Albany Rotary Club mentioned in the Rotarian magazine. Roderick will be attending an Edward Jones meeting in Cortland.

Chuck Ries was sorry to hear about the passing of Doris Colaruotolo. She had advanced Alzheimer's disease. Her husband Frank was a former Cohoes Rotarian. Chuck was happy to be at the meeting.

Byron Moak was happy to see the sun. He was glad that yesterday the Lansingburgh School District budget passed. For the next two weeks Byron will be in Nashville, TN for a Shriner's Convention.

Ed Tremblay was happy that the Cohoes Rotary will be assisting the Cohoes Senior Center on July 3 with the Senior Picnic on the Plaza. Roderick Sipe will cook hot dogs. Ed Tremblay will call Stewart's to see if they will donate ice cream for the event. **Volunteers need to be at the Senior Center by 11:00 am.** Ed Tremblay was sad that Carol McCormick Oliver passed away.

Club Business:

Brenna Healy from Capital Roots was ill and had to cancel speaking to the club. Ed Tremblay will try to reschedule her presentation.



Cohoes

Senior Picnic on the Plaza

Food ~ Games ~ Music ~ Fun

Hot Dogs, Potato Salad, Baked Beans, Cole Slaw and Watermelon

Corn Hole, Horse Shoes, Table Games and good company

Rock around the clock with the *Santa Lucia Brothers!*



- Cohoes Senior Center
10 Cayuga Plaza, Cohoes, NY
- Wednesday, July 3, 2019
- 11:00 AM to 2:00 PM
- \$3.00 suggested contribution for 60+
- \$4.00 for under 60

For more information or to register please contact Beth Slezak
by phone 518-235-2420 or email: eslezak@seniorservicesofalbany.com



This Congregate Meal Program is supported in part by the
Albany County Department of Aging, the New York State
Department of Aging, the Administration for Community
Living and the City of Cohoes



Upcoming Meetings

6/26/19-Installation Luncheon, 12:15 pm,
The Century House

When and Where Other Rotary Clubs Meet:

To view when and where other Rotary Clubs in District 7190 meet go to:

<http://www.rotary7190.org/>, click on When/Where Clubs Meet in the upper left corner of the home page.

Cohoes Rotary Club Meeting Schedule

No Meeting Wednesday, June 5

Rotary Board Dinner Meeting open to all members, spouses and guests Tuesday, June 11, at 5:30 pm at the Century House Restaurant (Dinner will be ordered individually off the regular Century House menu)

Rotary Lunch Meeting Wednesday, June 12, at 12:15 pm in the Cohoes Senior Center Board Room

Rotary Lunch Meeting Wednesday, June 19, at 12:15 pm in the Cohoes Senior Center Board Room

Rotary Installation Luncheon Wednesday, June 26, at 12:15 pm, The Century House

Meeting Schedule

The schedule format is: the first Tuesday of the month, a Board dinner meeting at 5:30 pm at the Century House. All club members are invited to attend; all other meetings will be lunch meetings at 12:15 pm at the Cohoes Senior Center. There will not be a meeting if there is a fifth Wednesday in the month.

Rotary Club Officers

Edward Tremblay – President

Linda Tremblay - Secretary

Michael Brooks - Treasurer

Marshall Barrett – Sergeant At Arms

Tammy Heckenberg - District Governor

Cohoes Rotary Web Site -

www.rotaryclubofcohoes.org

We conclude the meeting with recitation of The 4 Way Test led by Ed Tremblay.

The 4-Way Test

The 4-Way Test "Of the things we think, say or

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?"

From [ABC's of Rotary](#)

Song: In the Good Old Summertime

In the good old summertime,
In the good old summertime,
Strolling through a shady lane,
With your baby mine,
You hold her hand and she holds yours,
And that's a very good sign,
That she's your tootsey-wootsey,
In the good, old summertime.

Cohoes Senior Center Menu for Cohoes Rotary

Entrée

Ham & Bean Casserole
Spinach
Grape Juice
Corn Bread

Dessert

Lemon Pudding