



Rota-Briefs



Rotary Club of Cohoes - A Subsidiary of Rotary International

March 27, 2019

Invocation: Linda Tremblay
Song: Take Me Out to the Ball Game, Chuck Ries
Birthday: Melissa Cherubino
Anniversary:
Visiting Rotarians:
Guests: Kelly Casler, Senior Services of Albany
Door Prize: Linda Tremblay
Powerball: Marshall Barrett tried for \$303 but was unsuccessful.
Rotarians Present: Barrett, Brooks, Mitola, Moak, Ries, Sipe, Tremblay, E., Tremblay, L., Van Alstine

Good News/Bad News:

Mike Brooks thanked Bob Van Alstine for the ride to the meeting. He was happy that his grandson Dominick was getting a Character Counts award for respect. He read some words of wisdom.

Bob Van Alstine was happy that his asthma is back to normal now that his construction project is done.

Byron Moak was happy that on this day in 1995 Forrest Gump won 6 Oscars. He was happy that spring is almost here and that Easter will be here soon.

Roderick Sipe confessed that he has given up trying to compete with Mike Brooks' jokes. Roderick was happy that they have received an offer on his mother-in-law's house after only one week on the market.

Dave Mitola was happy that his daughter's team went to the State Odyssey of the Mind competition in Binghamton and finished tenth. He was happy that Siena has a new basketball coach. Dave knows Carmen Maciariello and thinks he will be a good coach.

Chuck Ries was happy to be reading a new book. He remembered going to a 1986 swim meet in Binghamton with the high school team and they got stranded in an ice storm.

Marshall Barrett has been busy remodeling his income apartments in Cohoes for the past three weeks.

Ed Tremblay was happy for a good Board of Directors meeting this morning for Senior Services of Albany. They welcomed new Board members. The Third Age Awards in May will honor Marilyn Wheeler from Counseling Care and Services in Cohoes.

Club Business: Roderick Sipe and Melissa Cherubino will be attending the Rotary District training on April 6. The club will hold an Easter Basket Raffle. The winner of the raffle will receive an Easter Basket and \$50 in Lottery scratch off tickets.

Program: Kelly Casler from Senior Services of Albany gave a presentation on Medicare Basics including enrolling in original Medicare, information on Medicare Supplement Insurance, Medicare Part D plans, Medicare Advantage plans, and Extra Help Programs.

Response: Ed Tremblay responded on behalf of the club.



Kelly Casler and Ed Tremblay

Upcoming Meetings

4/2/19-Cohoes Rotary Board Meeting, 5:30 pm, The Century House, Latham, NY

4/10/19-Johanna Batman-Shaker Heritage Society

4/24/19-Elizabeth Oxall-Children of the American Revolution

When and Where Other Rotary Clubs Meet:

To view when and where other Rotary Clubs in District 7190 meet go to:

<http://www.rotary7190.org/>, click on When/Where Clubs Meet in the upper left corner of the home page.

Cohoes Rotary Club Meeting Schedule

Rotary Board Dinner Meeting open to all members, spouses and guests Tuesday, April 2, at 5:30 pm at the Century House Restaurant (Dinner will be ordered individually off the regular Century House menu)

Rotary Lunch Meeting Wednesday, April 10, at 12:15 pm in the Cohoes Senior Center Board Room

Rotary Lunch Meeting Wednesday, April 17, at 12:15 pm in the Cohoes Senior Center Board Room

Rotary Lunch Meeting Wednesday, April 24, at 12:15 pm in the Cohoes Senior Center Board Room

New Meeting Schedule as of September, 2018

The schedule format is: the first Tuesday of the month, a Board dinner meeting at 5:30 pm at the Century House. All club members are invited to attend; all other meetings will be lunch meetings at 12:15 pm at the Cohoes Senior Center. There will not be a meeting if there is a fifth Wednesday in the month.

Rotary Club Officers

Edward Tremblay – President

Linda Tremblay - Secretary

Michael Brooks - Treasurer

Marshall Barrett – Sergeant At Arms

Tammy Heckenberg - District Governor

Cohoes Rotary Web Site -

www.rotaryclubofcohoes.org

We conclude the meeting with recitation of The 4 Way Test led by Ed Tremblay.

The 4-Way Test

The 4-Way Test "Of the things we think, say or

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?"

From [ABC's of Rotary](#)

Song: Take Me Out to the Ball Game

Take me out to the ball game,
Take me out with the crowd;
Buy me some peanuts and
Cracker Jack,
I don't care if I never get back.
Let me root, root, root for the
home team,
If they don't win, it's a shame.
For it's one, two, three strikes,
you're out,
At the old ball game

Cohoes Senior Center Menu for Cohoes Rotary

Entrée

Roast Pork w/gravy
Roasted Potatoes
Prince Edward Island Vegetables
Dinner Roll

Dessert

Pineapple Chunks