



Rota-Briefs



Rotary Club of Cohoes - A Subsidiary of Rotary International

February 20, 2019

Invocation: Byron Moak

Song:

Birthday:

Anniversary: Christine Somers, Dave Mitola

Visiting Rotarians:

Guests: Alison Farison, Alzheimer's Association

Door Prize: Marshall Barrett

Powerball: Peggy O'Shea tried for \$272 but was unsuccessful.

Rotarians Present: Barrett, Brooks, Moak, O'Shea, Ries, Tremblay, E., Tremblay, L.

Good News/Bad News:

Mike Brooks thanked Ed Tremblay in advance for giving him a ride home. He read some words of wisdom.

Byron Moak was glad that February was almost over. The clocks will be going ahead in March. Soon it will be Easter.

Marshall Barrett was sad that there were not more people at today's meeting.

Linda Tremblay was happy to have her grandchildren Micah and Addison joining the meeting. They are on winter break from school.

Ed Tremblay was happy to have his grandchildren Micah and Addison with him for winter break but sad that he lost at Monopoly.

Chuck Ries came in a little late so he was happy to have missed Mike's jokes.

Club Business:

Marshall Barrett announced that he won \$55 on his Lottery scratch off tickets. The Hoffman Car Wash fundraiser has been renewed for another year so Ed Tremblay encouraged everyone to purchase the car wash tickets online so that Cohoes Rotary will get a portion of the sales.

Program:

Alison Farison, Volunteer Coordinator for the Alzheimer's Association, gave a presentation on Alzheimer's disease and how people can volunteer their time and talents to help combat this debilitating disease.



Ed Tremblay and Alison Farison

Response: Ed Tremblay responded on behalf of the club.

Upcoming Meetings

2/27/19-Melissa Cherubino, Community Builders

3/13/19-Beth Owen, LMSW, Senior Services of Albany,

What You Should Know About Caregiving

3/20/19-Camie Engel, Senior Services of Albany,

Creating a Stronger Safety Net for Victims of Elder Abuse

3/27/19-Kelly Casler, Health Care and Volunteer Coordinator, Senior Services of Albany, ***Medicare Basics***

When and Where Other Rotary Clubs Meet:

To view when and where other Rotary Clubs in District 7190 meet go to:

<http://www.rotary7190.org/>, click on When/Where Clubs Meet in the upper left corner of the home page.

Cohoes Rotary Club Meeting Schedule

Rotary Board Dinner Meeting open to all members, spouses and guests Tuesday, February 5, at 5:30 pm at the Century House Restaurant (Dinner will be ordered individually off the regular Century House menu)

Rotary Lunch Meeting Wednesday, February 6, at 12:15 pm in the Cohoes Senior Center Board Room*District Governor Visit

Rotary Lunch Meeting Wednesday, February 13, at 12:15 pm in the Cohoes Senior Center Board Room

Rotary Lunch Meeting Wednesday, February 20, at 12:15 pm in the Cohoes Senior Center Board Room

Rotary Lunch Meeting Wednesday, February 27, at 12:15 pm in the Cohoes Senior Center Board Room

New Meeting Schedule as of September, 2018

The schedule format is: the first Tuesday of the month, a Board dinner meeting at 5:30 pm at the Century House. All club members are invited to attend; all other meetings will be lunch meetings at 12:15 pm at the Cohoes Senior Center. There will not be a meeting if there is a fifth Wednesday in the month.

Rotary Club Officers

Edward Tremblay – President

Linda Tremblay - Secretary

Michael Brooks - Treasurer

Marshall Barrett – Sergeant At Arms

Tammy Heckenberg - District Governor

Cohoes Rotary Web Site -

www.rotaryclubofcohoes.org

We conclude the meeting with recitation of The 4 Way Test led by Ed Tremblay.

The 4-Way Test

The 4-Way Test "Of the things we think, say or

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?"

From [ABC's of Rotary](#)

Song: Let Me Call You Sweetheart

I am dreaming Dear of you, day by day
Dreaming when the skies are blue,
When they're gray
When the silv'ry moonlight gleams,
Still I wander on in dreams
In a land of love, it seems, Just with you.

Let me call you Sweetheart, I'm in love
with you
Let me hear you whisper that you love
me too
Keep the love-light glowing in your eyes
so true
Let me call you Sweetheart, I'm in love
with you.

Cohoes Senior Center Menu for Cohoes Rotary

Entrée

Salisbury Steak w/mushroom gravy
Mashed Potatoes
Parsley Carrots
Wheat Bread

Dessert

Cherry Crisp