



Rota-Briefs



Rotary Club of Cohoes - A Subsidiary of Rotary International

January 9, 2019

Invocation: Byron Moak

Song: Auld Lang Syne, Chuck Ries

Birthday: Monika Boeckmann

Anniversary:

Visiting Rotarians: Rotary District 7190 District Governor Tammy Heckenberg

Guests:

Door Prize: Linda Tremblay

Powerball: Roderick Sipe tried for \$239 but was unsuccessful.

Rotarians Present: Barrett, Brooks, Landry Mitola, Moak, Ries, Sipe, Tremblay, E., Tremblay, L.

Good News/Bad News:

Mike Brooks thanked Ed Tremblay for giving him a ride home from the meeting. He read some words of wisdom.

Roderick Sipe was sad that his Mini Cooper died but he was happy to have replaced it with a new red Mini Cooper.

Marshall Barrett noted that his wife is currently babysitting their granddaughters because Hoosick Falls had a snow day today.

Dave Mitola was sad to have missed last night's Board meeting but was happy to be here today. He wished everyone a happy New Year.

Tammy Heckenberg stated that she attends a lot of Rotary Club meetings and the Cohoes club gets the prize for best singers.

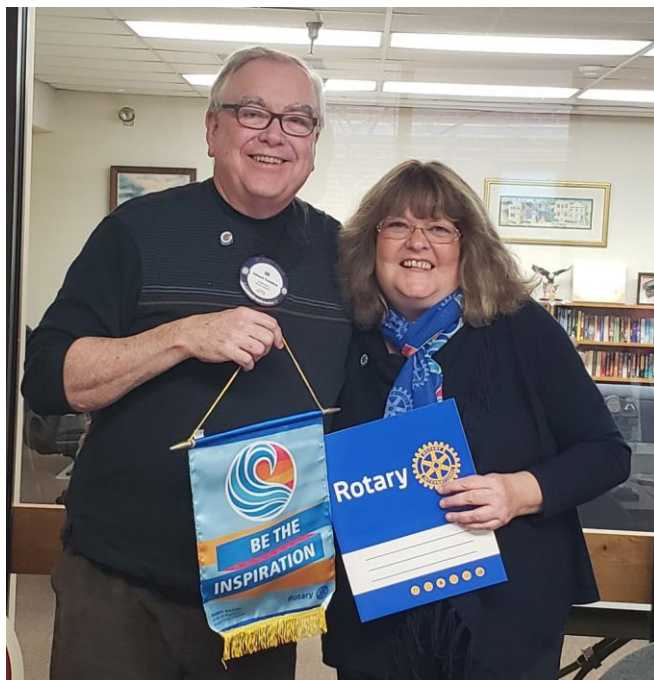
Beth Slezak was happy to have helped Roderick Sipe during his shift Bell Ringing for the Salvation Army and she gave him the prize for most exuberant Bell Ringer.

Ed Tremblay was happy to report that he attended a good Bridges Out of Poverty meeting this morning. Cohoes Rotarian Melissa Cherubino was the guest speaker. There were three women from Watervliet who graduated this morning from the Bridges "Getting Ahead in a Just Getting By World" training.

Club Business: Linda Tremblay distributed tickets for the Valentine's Day "Box" raffle. Tickets are \$5 each. The drawing will be Wednesday, February 13.

Program: District Governor Tammy Heckenberg talked about Rotarians having an "attitude of gratitude." She encouraged members to thank family and friends for letting them participate in Rotary. She encouraged the club members to bring their passions to Rotary; to consider how to participate in international projects; to assess current projects to see if they are still relevant and if not to think about what other needs the club can fill. She asked the club to report to her whatever projects the club undertakes. Loss of members in northeast America is getting critical. When a district loses 1100 members they are combined with another district. Tammy encouraged the club to advertise activities on social media, in the Toolbox and in conventional media.

Response: Ed Tremblay responded on behalf of the club.



Ed Tremblay and Tammy Heckenberg

Upcoming Meetings

1/16/19-Service Projects Discussion

1/23/19-Judge Andra Ackerman, Cohoes City Court Judge; John Caher, NYS Office of Court Administration-United Against Crime Community Action Network (U-CAN), a court based mentoring program.

When and Where Other Rotary Clubs Meet:

To view when and where other Rotary Clubs in District 7190 meet go to:

<http://www.rotary7190.org/>, click on When/Where Clubs Meet in the upper left corner of the home page.

Cohoes Rotary Club Meeting Schedule

Rotary Board Dinner Meeting open to all members, spouses and guests Tuesday, January 8, at 5:30 pm at the Century House Restaurant (Dinner will be ordered individually off the regular Century House menu)

Rotary Lunch Meeting Wednesday, January 9, at 12:15 pm in the Cohoes Senior Center Board Room

Rotary Lunch Meeting Wednesday, January 16, at 12:15 pm in the Cohoes Senior Center Board Room

Rotary Lunch Meeting Wednesday, January 23, at 12:15 pm in the Cohoes Senior Center Board Room

No Rotary Lunch Meeting Wednesday, January 30

New Meeting Schedule as of September, 2018

The schedule format is: the first Tuesday of the month, a Board dinner meeting at 5:30 pm at the Century House. All club members are invited to attend; all other meetings will be lunch meetings at 12:15 pm at the Cohoes Senior Center. There will not be a meeting if there is a fifth Wednesday in the month.

Rotary Club Officers

Edward Tremblay – President

Linda Tremblay - Secretary

Michael Brooks - Treasurer

Marshall Barrett – Sergeant At Arms

Tammy Heckenberg - District Governor

Cohoes Rotary Web Site -

www.rotaryclubofcohoes.org

We conclude the meeting with recitation of The 4 Way Test led by Ed Tremblay.

The 4-Way Test

The 4-Way Test "Of the things we think, say or

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?"

From [ABC's of Rotary](#)

Song: Auld Lang Syne

Should old acquaintance be forgot,
and never brought to mind?
Should old acquaintance be forgot,
and old lang syne?

For auld lang syne, my dear,
for auld lang syne,
we'll take a cup of kindness yet,
for auld lang syne.
And surely you'll buy your pint cup!
and surely I'll buy mine!
And we'll take a cup o' kindness yet,
for auld lang syne.

Cohoes Senior Center Menu for Cohoes Rotary

Entrée

Roast Beef w/gravy
Mashed Potatoes
Broccoli
Whole Wheat Bread

Dessert

Birthday Cake