

# Rota-Briefs

Rotary Club of Cohoes - A Subsidiary of Rotary International

September 23, 2020

**Mission of Rotary:** Roderick Sipe

**Song:**

**Birthday:**

**Anniversary:** Tammy Parker

**Visiting Rotarians:**

**Guests:** Steve Napier, City of Cohoes; Lauren Payne, Spiral Design; Lawrence Penna, Niskayuna Rotary; Alice Marcus, Niskayuna Rotary.

**Door Prize:** Bob Van Alstine

**Powerball:** Bob Van Alstine tried for \$262 but was unsuccessful.

**Rotarians Present:** Barrett, Brooks, Havnen, Moak, Ries, Sage, Sipe, Tremblay, E., Tremblay L., Van Alstine

**Good News/Bad News:**

**Mike Brooks** read some words of wisdom.

**Byron Moak** was glad that Linda Tremblay was back for the meeting. He is glad the weather got cooler. On Friday Byron is going to the doctor about a problem with his right knee.

**Marshall Barrett** was happy to have been in the Adirondacks all week. He is back because he didn't want to miss this meeting.

**Dave Havnen** purchased a Brooks Barbecue dinner from the Glenville Rotary.

**Bill Sage** was happy to be at the meeting and happy to see Linda back.

**Chuck Ries** was happy that he got to go out in his boat tonight, but he did not catch any fish.

**Bob Van Alstine** is learning all about how to conduct Zoom meetings for his Cursillo group. They had their first meeting on Saturday, and everything froze. He finally got it to work.

**Linda Tremblay** was happy to be at the meeting. Her surgery went well.

**Ed Tremblay** was happy that since he is Linda's primary caregiver, she has not hit him yet. He was sad that a friend, Mike Donnini passed away.

**Roderick Sipe** was happy to have had his children visiting at his house. The new gutters have been installed on his house.

**Club Business:**

President Roderick presented Dave Havnen with his Paul Harris Plus 6. Congratulations Dave and thank you for your continued support of the Rotary Foundation.

**Program:**

Lon Penna and Alice Marcus from the Niskayuna Rotary gave a presentation on the MoonCatcher project. This is an international project that provided reusable feminine hygiene products to young women so they do not have to miss school during their menstrual cycle. A donation of \$10 will provide three MoonCatcher kits. Lon and Alice are looking for donations to send kits to Nigeria where Alice is from.

**Response:**

Roderick Sipe responded on behalf of the club.

**MoonCatcher Project Mission:**

To optimize girls' lives worldwide by removing barriers related to menstruation.



**WE CELEBRATE THE DIGNITY  
OF GIRLS AND THEIR BODIES.**



## When and Where Other Rotary Clubs Meet:

To view when and where other Rotary Clubs in District 7190 meet go to:

<http://www.rotary7190.org/>, click on When/Where Clubs Meet in the upper left corner of the home page.

### Cohoes Rotary Club Meeting Schedule

**Until further notice all Cohoes Rotary meetings will be Zoom meetings.**

#### Meeting Schedule

The schedule format is: the first Tuesday of the month, a Board dinner meeting at 5:45 pm at the Century House. All club members are invited to attend. The fourth Tuesday of the month, Rotary dinner meeting at 5:45 pm at the Century House. The second and third Wednesday of the month will be a lunch meeting at 12:15 pm at LifePath Living Center at Cohoes (Cohoes Senior Center). There will not be a meeting if there is a fifth Wednesday in the month.

#### Rotary Club Officers

**Roderick Sipe** – President  
**Linda Tremblay** - Secretary  
**Michael Brooks** – Treasurer  
**Ed Tremblay** – Sergeant at Arms  
**Rich Griesche** - District Governor

**Cohoes Rotary Web Site -**  
[www.rotaryclubofcohoes.org](http://www.rotaryclubofcohoes.org)

We conclude the meeting with recitation of The 4 Way Test led by Roderick Sipe.

#### The 4-Way Test

The 4-Way Test "Of the things we think, say or

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?"

From [ABC's of Rotary](#)

#### Upcoming Meetings & Events

**ALL FUTURE COHOES ROTARY MEETINGS WILL BE ZOOM MEETINGS UNTIL FURTHER NOTICE DUE TO THE CORONAVIRUS PANDEMIC.**

RI President Holger Knaack's theme for 2020-21, *Rotary Opens Opportunities*, asks Rotarians to create opportunities that strengthen their leadership, help put service ideas into action, and improve the lives of those in need.

