

Rota-Briefs



Rotary Club of Cohoes - A Subsidiary of Rotary International

June 9, 2021

Mission of Rotary: Roderick Sipe

Song:

Birthday: Mike Brooks

Anniversary:

Visiting Rotarians

Guests: : Annemarie Dillon, Associate Development Director, American Cancer Society

Door Prize: Bill Sage

Powerball: Roderick Sipe tried for \$235 but was unsuccessful.

Rotarians Present: Brooks, Havnen, Sage, Sipe, Tremblay, E., Tremblay L., Van Alstine

Good News/Bad News:

Mike Brooks was sad that his former neighbor Frank Marro passed away at age 94. Mike read some words of wisdom.

Bob Van Alstine was happy that his Cursillo group had a good trip to a shrine where they attended a mass. The bad news is that Bob is scheduled for surgery on July 12.

Bill Sage was happy for the sunshine.

Dave Havnen was happy that he does not need to get the injection in his eye for the next few months. Dave does not like the humidity.

Annemarie Dillon was happy to report that a friend who had been diagnosed with breast cancer at age 35 and had a double mastectomy is healing well.

Ed Tremblay was happy to report that the City of Cohoes Charter Review Committee presented their charter revisions at the Common Council workshop last night. It was well received.

Linda Tremblay was happy for their week-long vacation in Cape Cod, despite the rain. The bad news is that she must have a tooth pulled next week.

Roderick Sipe was happy to have visited his daughter in Brattleboro, VT. His son came from New Hampshire. They ordered take-out from an Indian restaurant. The food was excellent. Roderick emailed the owner to tell him how much they enjoyed dinner. Now Roderick has an appointment to speak to the restaurant owner about his finances.

Program: Annemarie Dillon from the American Cancer Society addressed the club. The American Cancer Society is a nationwide organization dedicated to fighting cancer. In the Capital Region there are over 2,500 **HopeClub** members (cancer patients, families, and caregivers). **HopeClubs** offer 24-hour support through help lines and websites. Due to the pandemic, they have been offering support groups virtually, but they hope to reopen soon for in person support. The American Cancer Society offers a **Road to Recovery** program that provides free rides to patients to go to treatment. The drivers are volunteers. Hope Lodges are a home away from home for cancer patients and their caregivers when their best treatment option is far from home. Hotel Partners allows the American Cancer Society to provide free lodging when a Hope Lodge is not near or does not have capacity. The American Cancer Society is currently supporting more than 650 research grants across the country. New York State has 66 grants totaling more than \$33.5M. Dr. Jeremy Logue of Albany Medical Center received a \$783,000 grant to study the way cancer cells migrate to tissues.



Response:

Roderick Sipe responded on behalf of the club.

When and Where Other Rotary Clubs Meet:

To view when and where other Rotary Clubs in District 7190 meet go to:

<http://www.rotary7190.org/>, click on When/Where Clubs Meet in the upper left corner of the home page.

Cohoes Rotary Club Meeting Schedule

Meeting Schedule

The schedule format is the first Tuesday of the month, a Board dinner meeting at 5:45 pm at the Century House. All club members are invited to attend. The second Wednesday of the month will be a lunch meeting at 12:15 pm at LifePath at Cohoes (formerly Cohoes Senior Center). The third and fourth Wednesdays of the month will be Zoom meetings at 7:00 pm. There will not be a meeting if there is a fifth Wednesday in the month.

Rotary Club Officers

Roderick Sipe – President
Linda Tremblay - Secretary
Michael Brooks – Treasurer
Ed Tremblay – Sergeant at Arms
Rich Griesche - District Governor

Cohoes Rotary Web Site -
www.rotaryclubofcohoes.org

We conclude the meeting with recitation of The 4 Way Test led by Roderick Sipe.

The 4-Way Test

The 4-Way Test "Of the things we think, say or

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?"

From [ABC's of Rotary](#)

Upcoming Meetings & Events

Beginning in July 2021, the Cohoes Rotary will resume some in person meetings. The Rotary Board dinner meetings will be held the first Tuesday of each month at the Century House in Latham at 5:45 pm. The second Wednesday of each month will be a lunch meeting at LifePath at Cohoes (Cohoes Senior Center) at 12:15 pm. The third and fourth Wednesdays of the month will be Zoom meetings at 7:00 pm.

RI President Holger Knaack's theme for 2020-21, *Rotary Opens Opportunities*, asks Rotarians to create opportunities that strengthen their leadership, help put service ideas into action, and improve the lives of those in need.

