

Rota-Briefs



Rotary Club of Cohoes - A Subsidiary of Rotary International

April 21, 2021

Mission of Rotary: Roderick Sipe

Song:

Birthday:

Anniversary:

Visiting Rotarians

Guests: : Ben Williams, Executive Director, The Connect Center For Youth

Door Prize: Ben Williams

Powerball: Tammy Parker tried for \$218 but was unsuccessful.

Rotarians Present: Barrett, Brooks, Havnen, Moak, Parker, Ries, Sipe, Tremblay, E., Tremblay L., Van Alstine

Good News/Bad News:

Mike Brooks read some words of wisdom.

Byron Moak was happy to report that his surgery went well. He may have to have additional surgery done. He was happy to see flowers blooming despite the snow we had.

Marshall Barrett was happy that everyone in his family is doing well. He is planning to be at the clean up on Saturday.

Chuck Ries was happy to report that he had a good visit with the cardiologist, and he does not have to go back until October. He was sorry he left his hearing aids in for Mike's jokes. Chuck was sad to report that his former neighbor, Roger McKay died.

Tammy Parker was happy to report that she is now fully vaccinated. However, she is tired today from the shot.

Dave Havnen was happy for a good multi-district Zoom meeting he attended on the environment. He had his eye injection today, so he is not seeing well.

Bob Van Alstine is happy to be walking two miles every day and he is enjoying spring. He is grateful everyone in his family is healthy.

Ben Williams was happy that everyone in his family and all the Connect Center staff are vaccinated. He was sorry to see snow again. Ben is looking forward to summer.

Ed Tremblay was happy to report that he attended a good LifePath Executive Committee meeting. The Watervliet Senior Center has been given permission by Albany County to be the test site to start serving congregate meals again. If all goes well in Watervliet they are hopeful that Cohoes will be able to begin serving congregate meals again by June. The Cohoes Senior Center received a small grant to do programming.

Linda Tremblay had a challenging day with her grandson and his exuberant dog. She hopes tomorrow will be better.

Roderick Sipe was happy to report that he and his wife Karen got their second Covid shots. Karen did

fine but Roderick had a negative reaction. He had flu like symptoms for about 24 hours.

Club Business

The City of Cohoes is holding a citywide clean up on Saturday, April 24 from 9:00 am – 1:00 pm. Cohoes Rotary is looking for volunteers to work at the Cohoes Senior Center. On April 28 there will be a Zoom meeting discussing Rotary public image and strategies. April 29 there will be a Zoom meeting discussing intergenerational relationships. May 15 will be the virtual District conference. Roderick Sipe and George Hauenstein are looking at dates in May to do a joint meeting with the Albany Rotary Club.

In lieu of the regular Cohoes Rotary meeting on Wednesday, April 28, Cohoes Rotarians are asked to register for and attend the District Zoom presentation called Public Image, The Musical. Registration information will be sent to club members.

Program:

Ben Williams, Executive Director of the Connect Center For Youth talked about the youth drop-in center they are building in the former St. Agnes church in Cohoes. They currently run a backpack food program where during the school year food is sent home each weekend to over 40 families. They are working with the local food bank and the social workers from the Cohoes City School district to determine need. They hope to expand the program to be year-round. The Connect Center has created a STEAM lab creating opportunities for children to participate in fun STEAM activities. They have a full music and recording studio and well as performance spaces. The Connect Center's Tech Hub is hosting a Lego League for middle schoolers to build robotics with Legos. They are working on a program with Siena College that will allow participants to assemble and disassemble computers hoping to give children the skill sets that will help them break the cycle of poverty. The center needs general operating funding. They are looking to partner with Siena College, the Cohoes Housing Authority and LifePath Cohoes on programming. For further information or to make donations contact Ben Williams at ben@connectcenterforyouth.org or on Facebook @connectcenterforyouth.

Response:

Roderick Sipe responded on behalf of the club.

When and Where Other Rotary Clubs Meet:

To view when and where other Rotary Clubs in District 7190 meet go to:

<http://www.rotary7190.org/>, click on When/Where Clubs Meet in the upper left corner of the home page.

Cohoes Rotary Club Meeting Schedule

Until further notice all Cohoes Rotary meetings will be Zoom meetings.

Meeting Schedule

The schedule format is the first Tuesday of the month, a Board dinner meeting at 5:45 pm at the Century House. All club members are invited to attend. The fourth Tuesday of the month, Rotary dinner meeting at 5:45 pm at the Century House. The second and third Wednesday of the month will be a lunch meeting at 12:15 pm at LifePath Living Center at Cohoes (Cohoes Senior Center). There will not be a meeting if there is a fifth Wednesday in the month.

Rotary Club Officers

Roderick Sipe – President
Linda Tremblay - Secretary
Michael Brooks – Treasurer
Ed Tremblay – Sergeant at Arms
Rich Griesche - District Governor

Cohoes Rotary Web Site -
www.rotaryclubofcohoes.org

We conclude the meeting with recitation of The 4 Way Test led by Roderick Sipe.

The 4-Way Test

The 4-Way Test "Of the things we think, say or

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?"

From [ABC's of Rotary](#)

Upcoming Meetings & Events

ALL FUTURE COHOES ROTARY MEETINGS WILL BE ZOOM MEETINGS UNTIL FURTHER NOTICE DUE TO THE CORONAVIRUS PANDEMIC.

RI President Holger Knaack's theme for 2020-21, *Rotary Opens Opportunities*, asks Rotarians to create opportunities that strengthen their leadership, help put service ideas into action, and improve the lives of those in need.

