

Rota-Briefs



Rotary Club of Cohoes - A Subsidiary of Rotary International

March 17, 2021

Mission of Rotary: Roderick Sipe

Song: Call-a-han, Chuck Ries

Birthday:

Anniversary:

Visiting Rotarians:

Guests:

Door Prize: Byron Moak

Powerball: Marshall Barrett tried for \$193 but was unsuccessful.

Rotarians Present: Barrett, Brooks, Havnen, Moak, Ries, Sage, Sipe, Tremblay, E., Tremblay L., Van Alstine

Good News/Bad News:

Mike Brooks read some words of wisdom.

Byron Moak was happy that he got his second Covid 19 vaccination. He was glad to have daylight saving time in place. Byron was glad that the Snowman Ice Cream shop is open. Spring is this weekend. Things are looking up. Byron is seeing robins.

Marshall Barrett was happy to be at the meeting. He has been working at remodeling his daughter's house. Marshall saw robins at his property all winter.

Chuck Ries noted that the change in time is bothering him, but he does like having daylight longer. He looks forward to our Rotary meetings. They keep his spirits up.

Bill Sage wished everyone a happy St. Patrick's Day. He thanked Chuck Ries for the song. He changed the song Harrigan to Callahan in honor of Bill's mother's maiden name. Bill was happy for the good weather.

Dave Havnen was doing well. He had x-rays on this back. He found out that his back problems are more serious than he anticipated. Now he will need to see even more doctors. Dave was impressed with a Rotary Foundation project in Chang Mai, Thailand. They are giving swimming lessons to children because 25% of the childhood deaths in Thailand are due to drowning.

Bob Van Alstine stated that his wife Karen cooked a corned beef dinner for St. Patrick's Day. Unfortunately, he wasn't feeling well

so he was not able to eat it.

Ed Tremblay has been exercising and dieting. He lost 20 pounds. His wife Linda cooked a corned beef dinner for St. Patrick's Day. LifePath has been able to secure Johnson & Johnson vaccines through Albany County. In partnership with Visiting Nurses, LifePath will be able to schedule vaccine appointments for the homebound in their homes if they are receiving Meals on Wheels through LifePath.

Linda Tremblay cooked a corned beef dinner for St. Patrick's Day. Linda and Ed are having a new fence installed to ensure that Oliver, their daughter's dog, cannot escape their yard.

Roderick Sipe was happy that he and his wife are scheduled for their first Covid vaccines at CVS tomorrow.

Club Business

The club will hold an Easter raffle. The winner will be drawn on Wednesday, March 31. Since this is the 5th Wednesday of the month, normally there would not be a Rotary meeting on this night. But there will be a short Zoom meeting that night to draw the raffle winner. Roderick Sipe will attend the virtual PETS training this weekend. Dr. Robert Fox will be the guest speaker at the March 24 Cohoes Rotary Zoom meeting.

When and Where Other Rotary Clubs Meet:

To view when and where other Rotary Clubs in District 7190 meet go to:

<http://www.rotary7190.org/>, click on When/Where Clubs Meet in the upper left corner of the home page.

Cohoes Rotary Club Meeting Schedule

Until further notice all Cohoes Rotary meetings will be Zoom meetings.

Meeting Schedule

The schedule format is the first Tuesday of the month, a Board dinner meeting at 5:45 pm at the Century House. All club members are invited to attend. The fourth Tuesday of the month, Rotary dinner meeting at 5:45 pm at the Century House. The second and third Wednesday of the month will be a lunch meeting at 12:15 pm at LifePath Living Center at Cohoes (Cohoes Senior Center). There will not be a meeting if there is a fifth Wednesday in the month.

Rotary Club Officers

Roderick Sipe – President
Linda Tremblay - Secretary
Michael Brooks – Treasurer
Ed Tremblay – Sergeant at Arms
Rich Griesche - District Governor

Cohoes Rotary Web Site -
www.rotaryclubofcohoes.org

We conclude the meeting with recitation of The 4 Way Test led by Roderick Sipe.

The 4-Way Test

The 4-Way Test "Of the things we think, say or

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?"

From [ABC's of Rotary](#)

Upcoming Meetings & Events

ALL FUTURE COHOES ROTARY MEETINGS WILL BE ZOOM MEETINGS UNTIL FURTHER NOTICE DUE TO THE CORONAVIRUS PANDEMIC.

RI President Holger Knaack's theme for 2020-21, *Rotary Opens Opportunities*, asks Rotarians to create opportunities that strengthen their leadership, help put service ideas into action, and improve the lives of those in need.

