

Rota-Briefs



Rotary Club of Cohoes - A Subsidiary of Rotary International

January 20, 2021

Mission of Rotary: Roderick Sipe

Song:

Birthday:

Anniversary:

Visiting Rotarians:

Guests:

Door Prize: Dave Havnen

Powerball: Byron Moak tried for \$353 but was unsuccessful.

Rotarians Present: Brooks, Havnen, Moak, Parker, Ries, Sage, Sipe, Tremblay, E., Tremblay L., Van Alstine

Good News/Bad News:

Mike Brooks had a rhinoplasty in his nose from a nosebleed that would not stop. He read some words of wisdom.

Byron Moak noted that there is only two weeks left in January. Byron is happy that his sister's birthday is Saturday. He hopes the new leadership in Washington, DC is a good omen.

Tammy Parker felt better after hearing President Biden speak to the nation today. She has been stressed over what has been happening in the country.

Bill Sage was sorry that he did not win the Lottery. The forklift at Bill's company died but he had already ordered a new one which has arrived. Bill was happy for the sunshine today.

Bob Van Alstine was happy that he and his daughter Katie walked two miles yesterday. Bob was happy to have watched President Biden's inauguration today.

Chuck Ries was sorry to report that his wife Debby has fallen several times this week. She had some medical tests today to determine why she is falling. Chuck was happy to see the Merganser ducks on the river which means the ice is receding. He was happy that his daughter did well with her surgery. She was able to get his equipment working so that he can now dictate at home.

Dave Havnen was happy to have fixed his video for the call. He has doctors' appointments on Friday.

Ed Tremblay saw Dr. Dave Mitola today. Dave sends his regards to everyone. He hopes to join the club at a Zoom meeting soon. Ed saw the long-term weather forecast for the month of February. Average temperature is 40-42

degrees. Ed and Linda now have a tankless water heating system and a new furnace.

LePage's Grocery in Cohoes had a \$500 Lottery winner.

Linda Tremblay was happy that the work on the house is done and they have heat. She was sad that a friend who lives in Florida passed away from Covid.

Roderick Sipe was happy that he and his wife are halfway through their Whole 30 food challenge for the month of January. The bad news is that they are only halfway through the challenge. Roderick reported last week that a close family friend died from Covid. After visiting with her family at the wake he went home and went on Ancestry.com and found out that he was related to her.

Club Business:

Linda Tremblay will mail out the Valentine's Day 50/50 raffle tickets to the members. The Cobleskill Rotary is sponsoring a Virtual Trivia night on February 6, cost is \$20 per person. Proceeds from the event will go to support youth programs in the Cobleskill area. Cohoes Rotary will pay to have a team of four people. If you are interested in participating email Roderick Sipe and let him know you want to be on the team. This year's Rotary District 7190 leadership event will be on Zoom on February 27. The cost is \$25. Registration deadline is February 20.

COHOES ROTARY CHRISTMAS PARTY AT THE CENTURY HOUSE 2019



When and Where Other Rotary Clubs Meet:

To view when and where other Rotary Clubs in District 7190 meet go to:

<http://www.rotary7190.org/>, click on When/Where Clubs Meet in the upper left corner of the home page.

Cohoes Rotary Club Meeting Schedule

Until further notice all Cohoes Rotary meetings will be Zoom meetings.

Meeting Schedule

The schedule format is the first Tuesday of the month, a Board dinner meeting at 5:45 pm at the Century House. All club members are invited to attend. The fourth Tuesday of the month, Rotary dinner meeting at 5:45 pm at the Century House. The second and third Wednesday of the month will be a lunch meeting at 12:15 pm at LifePath Living Center at Cohoes (Cohoes Senior Center). There will not be a meeting if there is a fifth Wednesday in the month.

Rotary Club Officers

Roderick Sipe – President
Linda Tremblay - Secretary
Michael Brooks – Treasurer
Ed Tremblay – Sergeant at Arms
Rich Griesche - District Governor

Cohoes Rotary Web Site -
www.rotaryclubofcohoes.org

We conclude the meeting with recitation of The 4 Way Test led by Roderick Sipe.

The 4-Way Test

The 4-Way Test "Of the things we think, say or

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?"

From [ABC's of Rotary](#)

Upcoming Meetings & Events

ALL FUTURE COHOES ROTARY MEETINGS WILL BE ZOOM MEETINGS UNTIL FURTHER NOTICE DUE TO THE CORONAVIRUS PANDEMIC.

RI President Holger Knaack's theme for 2020-21, *Rotary Opens Opportunities*, asks Rotarians to create opportunities that strengthen their leadership, help put service ideas into action, and improve the lives of those in need.

