



# Rota-Briefs



Rotary Club of Cohoes - A Subsidiary of Rotary International

October 9, 2019

**Invocation:** Dave Havnen

**Song:** Good Old Mountain Dew, Chuck Ries

**Birthday:** Roderick Sipe

**Anniversary:** Colin Demers

**Visiting Rotarians:**

**Guests:** Chuck Mossey, Cohoes Visitor Center

**Door Prize:** Mike Brooks

**Powerball:** Byron Moak tried for \$39 but was unsuccessful.

**Rotarians Present:** Brooks, Havnen, Mitola, Moak, Ries, Tremblay, E., Tremblay, L.

## Good News/Bad News:

**Mike Brooks** was happy to be at the meeting. He read some words of wisdom.

**Dave Havnen** was happy for his good health.

**Byron Moak** noted that on this day in 1776 the city of San Francisco was founded. He went on a trip with the Friends of the Pruyn House and had dinner at the Public House. Byron told a dentist story for Dave Mitola.

**Dave Mitola** was happy that the Yankees won and that the softball season is over.

**Chuck Ries** was happy for the Yankees. He went on a trip to the Adirondacks but the weather was bad.

**Ed Tremblay** was happy to have had his grandchildren stay with he and Linda while his kids and their spouses traveled to Germany, the Netherlands and England.

## Club Business:

District 7190 will hold a panel Discussion on October 26 at the First Reformed Church in Schenectady in conjunction with World Polio Day. The panel will feature Dr. Martha Lepow, a Pediatric Infectious Disease Specialist; Anne Cargile, NID Participant; and Louise Rourke, a Polio Survivor. The event is free.

The Rotary mugs and ornaments are available for sale. The club will be co-sponsoring the Halloween party at LifePath Cohoes on Halloween night. Parade starts at 6:00 pm in front of the Cohoes Knights of Columbus and ends with a party for children at LifePath Cohoes. Volunteers are needed to cook hot dogs and work games. The club will be selling frozen apple pies for the month of November. Linda Tremblay will update the flyer and order sheets.

**Program:** Chuck Mossey, Program Director of the Cohoes Visitor Center, talked about the renovations to the Cohoes Visitor Center. At the end of the presentation a number of Rotarians went to the Visitor to see the new exhibits.

**Response:** Linda Tremblay responded on behalf of the club.



*Linda Tremblay and Chuck Mossey*

## Upcoming Meetings & Events

**10/16/19- Rotary lunch meeting**, 12:15 pm, LifePath Living Center at Cohoes (Cohoes Senior Center), **Marilyn Wheeler, Counseling Care and Services**

**10/22/19-No Meeting**

**10-30-19-No Meeting**

**10/31/19-Halloween Parade and Party**, 5:00 pm, LifePath Living Center (Cohoes Senior Center)

**11/5/19-Rotary Board of Directors dinner meeting**, 5:45 pm, The Century House, Latham

**11/13/19-Rotary lunch meeting**, 12:15 pm, LifePath Living Center at Cohoes (Cohoes Senior Center), **District Governor Larry Jones club visit**

**12/12/19-(Thursday) Cohoes Rotary Christmas Party**, The Century House, Latham

## When and Where Other Rotary Clubs Meet:

To view when and where other Rotary Clubs in District 7190 meet go to:

<http://www.rotary7190.org/>, click on When/Where Clubs Meet in the upper left corner of the home page.

### Cohoes Rotary Club Meeting Schedule

**Rotary Board Dinner Meeting** open to all members, spouses and guests Tuesday, October 1, at 5:45 pm at the Century House Restaurant (Dinner will be ordered individually off the regular Century House menu)

**Rotary Lunch Meeting** Wednesday, October 9, at 12:15 pm LifePath Living Center at Cohoes (Cohoes Senior Center)

**Rotary Lunch Meeting** Wednesday, October 16, at 12:15 pm LifePath Living Center at Cohoes (Cohoes Senior Center)

**No Meeting** Tuesday, October 22

**No Meeting** Wednesday, October 30

#### New Meeting Schedule\*\*\*

The schedule format is: the first Tuesday of the month, a Board dinner meeting at 5:45 pm at the Century House. All club members are invited to attend. The fourth Tuesday of the month, Rotary dinner meeting at 5:45 pm at the Century House. The second and third Wednesday of the month will be a lunch meeting at 12:15 pm at LifePath Living Center at Cohoes (Cohoes Senior Center). There will not be a meeting if there is a fifth Wednesday in the month.

### Rotary Club Officers

**Linda Tremblay** – President

**Edward Tremblay** - Secretary

**Michael Brooks** - Treasurer

**Larry Jones** - District Governor

**Cohoes Rotary Web Site -**

[www.rotaryclubofcohoes.org](http://www.rotaryclubofcohoes.org)

We conclude the meeting with recitation of The 4 Way Test led by Linda Tremblay.

#### The 4-Way Test

The 4-Way Test "Of the things we think, say or

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?"

From [ABC's of Rotary](#)

### Song: Good Old Mountain Dew

They call it that good old mountain dew,  
And them that refuse it are few,  
If you'll shut up your mug,  
Then I'll fill up your jug,  
With that Good Old Mountain Dew.

My Uncle Bill has a still on the hill,  
Where he runs off a gallon or two,  
And the buzzards in the sky,  
Get so drunk they can't fly,  
From smelling that good old mountain dew.

### LifePath Cohoes Menu for Cohoes Rotary

#### Entrée

Roast Pork w/gravy  
Whipped Sweet Potatoes  
Prince Edward Island Blend Vegetables  
Whole Wheat Bread  
Applesauce

#### Dessert

Cake