



Rota-Briefs



Rotary Club of Cohoes - A Subsidiary of Rotary International

August 9, 2017

Invocation: Reverend William Hinrichs

Song:

Birthday: Marshall Barrett

Anniversary: Marshall Barrett

Visiting Rotarians: Mihaela Tirsu-Pintea, Constantin Tirsu, Rotary Club of Piatra Neamt, District 2241, Romania, Republica Moldova

Guests: Reverend William Hinrichs, Rector, St. John's Episcopal Church Cohoes and Director of Program and Services for the Alzheimer's Association of Northeastern New York; William Ries, brother of Chuck Ries; Minela Ghericois, host of Mihaela Tirsu-Pintea and Constantin Tirsu

Door Prize: Ed Tremblay

Powerball: Linda Tremblay tried for \$152 but was unsuccessful.

Rotarians Present:

Barrett, Brooks, Ries, Tremblay, E., Tremblay, L., Van Alstine

Good News/Bad News:

The following members paid happy/sad dollars:

Ed Tremblay was happy for a successful talent show at the Cohoes Senior Center. There were 20 acts and they raised \$1300.

Mike Brooks thanked Bob Van Alstine for the ride to the meeting. He was sad about the passing of David DiSisto. He read some words of wisdom.

Bob Van Alstine welcomed the guests and looked forward to the presentation on Alzheimer's disease.

Chuck Ries welcomed the guests to the meeting. He has never been to Romania in his travels. Chuck and his brother Bill had a great time on their fishing trip to Canada. After this meeting they will be driving to Buffalo to visit their 95 year old aunt but they will be back for next week's meeting.

Linda Tremblay was happy that on Friday she and Ed Tremblay will be leaving for vacation in Myrtle Beach.

Marshall Barrett was happy for both his birthday and his anniversary.

Club Business:

President Ed distributed information about a possible fundraiser called the "Living by Giving" calendar. For a tax deductible donation of \$10 a month, people will receive a 2018 calendar depicting what their donation purchases like programs to feed the elderly, swimming lessons for underprivileged children, classes for a single mother trying to break the cycle of poverty.

Program: William Hinrichs gave a presentation on Alzheimer's disease and the services provided by the Alzheimer's Association of Northeastern New York. Alzheimer's disease is the 6th leading cause of death in the United States. More than 5 million Americans are living with Alzheimer's disease and the number could be 16 million by 2050; in 2017 Alzheimer's and other dementias will cost the nation \$259 billion. By 2050 that cost could be \$1.1 trillion; 35% of caregivers for people with Alzheimer's or another dementia report that their health has gotten worse due to their care responsibilities, compared to 19% of caregivers for older people without dementia. Alzheimer's kills more than breast cancer and prostate cancer combined.

Response: Ed Tremblay responded on behalf of the club



William Hinrichs and Ed Tremblay



Marshall Barrett, Constantin Tirsu, Ed Tremblay, Michaela Tirsu-Pintea

When and Where Other Rotary Clubs Meet:

To view when and where other Rotary Clubs in District 7190 meet go to:

<http://www.rotary7190.org/>, click on When/Where Clubs Meet in the upper left corner of the home page.

New Cohoes Rotary Club Meeting Schedule

Rotary Board Dinner Meeting open to all members, spouses and guests Wednesday August 2nd at 5:30 pm at the Century House Restaurant (Dinner will be ordered individually off the regular Century House menu)

Rotary Breakfast Meeting Wednesday, August 9th at 7:30 am at Century House Hotel Mohawk Room-Get breakfast at the Saratoga Room buffet and bring to meeting room.

Rotary Lunch Meeting Wednesday, August 16th at 12:15 pm at the North Room Century House Restaurant

Rotary Lunch Meeting Wednesday, August 23rd at 12:15 pm at the North Room Century House Restaurant

Rotary Lunch Meeting Wednesday, August 30th at 12:15 pm at the North Room Century House Restaurant

The schedule format will be: the first Wednesday of the month, a Board dinner meeting; the second Wednesday of the month, a breakfast meeting; the third and fourth Wednesdays of the month, a lunch meeting. If a fifth Wednesday falls within a month it will be a lunch meeting.

Rotary Club Officers

Edward Tremblay - President

Edward Tremblay – President Elect

Linda Tremblay - Secretary

Michael Brooks - Treasurer

Marshall Barrett – Sergeant At Arms

Fred Daniels - District Governor

Cohoes Rotary Web Site -

www.rotaryclubofcohoes.org

We conclude the meeting with recitation of The 4 Way Test led by Ed Tremblay.

The 4-Way Test

The 4-Way Test "Of the things we think, say or

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?"

From [ABC's of Rotary](#)

Song: (Mohawk) River Valley

From this valley they say you are going.
We will miss your bright eyes and sweet smile,
For they say you are taking the sunshine
That has brightened our pathway a while.

So come sit by my side if you love me.
Do not hasten to bid me adieu.
Just remember the (Mohawk) River Valley,
And the cowboy that has loved you so true.

Century House Menu for Cohoes Rotary

Century House Breakfast Buffet