# Rota-Briefs

**Invocation:** Linda Tremblay
**Song:** **"**(Mohawk) River Valley," Chuck Ries
**Birthday**: Jennifer Spring, Byron Moak, Bill Ries
**Anniversary**:
**Visiting Rotarians:** Byron Moak, Lansingburgh Club
**Guests**: William Ries, brother of Chuck Ries
**Door Prize:** Mike Brook
**Powerball**: Ed Tremblay tried for $148 but was unsuccessful.
**Rotarians Present:**
Barrett, Brooks, Demers, Hovey, Mitola, Ries, Tremblay, E., Tremblay, L., Van Alstine

**Good News/Bad News:**
The following members paid happy/sad dollars:

**Mike Brooks** thanked Bob Van Alstine for the ride to the meeting. He read some words of wisdom.  He asked President Ed to read to the club his Facebook post titled "Sights and Sounds of Cohoes" in which Ed describes what he witnessed on an evening walk through Cohoes.
**Byron Moak** congratulated the City of Cohoes for being named the second fastest growing city in New York State.  Byron attended a Colonie-Guilderland Rotary meeting where he saw a very good PowerPoint presentation on the Rotary International Convention.  Byron was happy to be going to the Red Lion Inn for his birthday.  He was sad to hear that the Rotary International President-Elect passed away suddenly.
**Chuck Ries** was happy that he will be going on a fishing trip to Canada but sad that he will miss the Rotary Board meeting next week.
**Ed Tremblay** was happy that the Cohoes Senior Center held its first Friends of the Cohoes Senior Center meeting.  Over 30 people attended.  He attended a good Board meeting for Albany Senior Services.
**Linda Tremblay** was sad that she did not have her grandchildren with her at the meeting today but happy that their mother took the day off to take them to the Butterfly Museum in Massachusetts.
**Marshall Barrett** jokingly stated that if you teach a man to fish he will drink in a boat.
**Chuck Ries** responded that his father, who was a Buffalo police officer, taught them to fish and was very strict about two things:  there is no drinking in a boat, and no throwing items into the water.
**Bob Van Alstine** was happy that between physical therapy and healing prayer his back feels 90% better.
**Dave Mitola** was sad to have missed last week's meeting.  He was happy that he was on vacation with

his family in the Outer Banks of South Carolina.  It was a good trip.
**Chuck Ries** was happy to be going to Joe Bruno Stadium tomorrow night to be honored as the Cohoes Rotary's Rotarian of the Year.
**Curtis Hovey** was sad that we have hit a roadblock with a host family for our incoming Rotary exchange student. If anyone knows of a family who might be willing to host a student for September and October please let Curtis know.  Curtis was happy to be going to the baseball game tomorrow night and happy to be going to Rockport on vacation next week.

**Club Business**:
The Annual District 7190 baseball game at the "Joe" will be on July 27 at 7:00 pm.  Wednesday, August 2 will be the Rotary Board meeting at 5:30 pm.  The meeting is open to all Rotarians, spouses and guests.  Senior Services of Albany will hold its 19th annual Travers Wine Tasting event on August 25th at the Saratoga City Center.

**Program:** Colin Demers, Fundraising Chair, made a presentation on a fundraising idea he is calling the Living by Giving calendar.  For a $10 a month donation to the Cohoes Rotary people will receive a twelve month calendar that depicts what their donation does in the greater Cohoes community on a monthly basis.  It will show people what organizations the Cohoes Rotary donates to on an annual basis and will highlight services in one of those organizations that $10 can purchase.



*Colin Demers and Ed Tremblay*

# When and Where Other Rotary Clubs Meet:

To view when and where other Rotary Clubs in District 7190 meet go to:
http://www.rotary7190.org/, click on When/Where Clubs Meet in the upper left corner of the home page.

---

### New Cohoes Rotary Club Meeting Schedule

**Rotary Board Dinner Meeting** open to all members, spouses and guests Wednesday August 2nd at 5:30 pm at the Century House Restaurant (Dinner will be ordered individually off the regular Century House menu)

**Rotary Breakfast Meeting** Wednesday, August 9th at 7:30 am at Century House Hotel Mohawk Room-Get breakfast at the Saratoga Room buffet and bring to meeting room.

**Rotary Lunch Meeting** Wednesday, August 16th at 12:15 pm at the North Room Century House Restaurant

**Rotary Lunch Meeting** Wednesday, August 23rd at 12:15 pm at the North Room Century House Restaurant

**Rotary Lunch Meeting** Wednesday, August 30th at 12:15 pm at the North Room Century House Restaurant

The schedule format will be: the first Wednesday of the month, a Board dinner meeting; the second Wednesday of the month, a breakfast meeting; the third and fourth Wednesdays of the month, a lunch meeting. If a fifth Wednesday falls within a month it will be a lunch meeting.

---

### Rotary Club Officers

**Edward Tremblay** - President
**Edward Tremblay –** President Elect
**Linda Tremblay** - Secretary
**Michael Brooks -** Treasurer
**Marshall Barrett** – Sergeant At Arms
**Fred Daniels -** District Governor

**Cohoes Rotary Web Site -**
www.rotaryclubofcohoes.org

---

We conclude the meeting with recitation of The 4 Way Test led by Ed Tremblay.

**The 4-Way Test**
The 4-Way Test "Of the things we think, say or

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?"

From ABC's of Rotary

---

### Song: (Mohawk) River Valley

From this valley they say you are going.
We will miss your bright eyes and sweet smile,
For they say you are taking the sunshine
That has brightened our pathway a while.

So come sit by my side if you love me.
Do not hasten to bid me adieu.
Just remember the (Mohawk) River Valley,
And the cowboy that has loved you so true.

---

### Century House Menu for Cohoes Rotary

*First Course*
*Century Salad*
*Seasonal Greens Topped with Grape Tomatoes, Shredded Carrots and Cucumbers Finished with our House Balsamic Dressing*

*Entrée*
*BBQ Beef Short Ribs*
*Served with Cheddar Mashed Potatoes and Baby Carrots*

*Dessert*
*Chocolate Mousse*