



# Rota-Briefs



Rotary Club of Cohoes - A Subsidiary of Rotary International

May 30, 2018

**Invocation:** Linda Tremblay

**Song:** "Row, Row, Row," Mike Brooks

**Birthday:**

**Anniversary:**

**Visiting Rotarians:**

**Guests:** Amanda Powers, Amber Robinson, Lauren Shanahan, Cohoes City School District

**Door Prize:** Peggy O'Shea

**Powerball:** Byron Moak tried for \$70 but was unsuccessful.

**Rotarians Present:** Brooks, Moak, O'Shea, Sipe, Tremblay, E., Tremblay, L., Van Alstine

## Good News/Bad News:

**Mike Brooks** thanked Bob Van Alstine for the ride to the meeting. Mike was happy that his granddaughter Sophia received the Trustworthiness award this month at her school for Character Counts. He read some words of wisdom.

**Bob Van Alstine** was happy that next week he will be on vacation in York, Maine. When he is in Maine he makes up his Rotary meeting at the York Rotary Club.

**Byron Moak** was happy for a good Memorial Day Parade in Crown Point. He marched with the Shriners. He is looking forward to the Rotary District Convention this weekend and his upcoming reunion at Plattsburgh University.

**Roderick Sipe** was happy to be at the meeting. He still had raffle tickets available to purchase for the District Convention.

**Ed Tremblay** was happy to welcome the guests from the Cohoes School District. He was sad that a member of Linda's family passed away. He is looking forward to his grandson Micah's combined school musical concert tomorrow night. He and Linda will also be attending the District Conference as will Mariel Correia.

## Club Business:

Bob Van Alstine made a motion to approve the slate of officers and directors for Cohoes Rotary for 2018-19. Byron Moak seconded. With no other nominations from the floor, the motion carried.

Officers are:

President-Edward Tremblay

President Elect-Vacant

Secretary-Linda Tremblay

Treasurer-Michael Brooks

Sgt-at-Arms-Marshall Barrett

Directors are:

Past President-Curtis Hovey

Director-Stephanie Heslin

Director-Robert Van Alstine

Director-David Mitola

Director-Byron Moak

Director-Peggy O'Shea

Director-Charles Ries

**Program:** Amanda Powers, Moderator, and students Amber Robinson and Lauren Shanahan discussed the Cohoes High School Student Ambassadors and Community Service Programs. The goals of the Student Ambassadors are to assess the current climate and culture at CHS; create a shared vision for the kind of school climate they want at CHS; and carry out the share vision by identifying and working together on action steps for improving school climate at CHS. The students designated March as Community Month. They set up community building activities for each week in March that would practice healthful habits, build respect, develop creativity, inspire diversity, establish connections, inform their futures, protect our environment, and serve the community.

**Response:** Ed Tremblay responded on behalf of the club.



Amanda Powers, Amber Robinson, Lauren Shanahan,  
Ed Tremblay

## Upcoming Speakers & Events:

**6/6/18-** Rotary Board Meeting-5:30 pm, The Century House

**6/13/18-** Scott Landry, Retirement Planning

**6/20/18-** Robert Van Alstine, J. Jaroslav Sustar book

**6/27/18-** Cohoes Rotary Installation Luncheon, 12:15 at The Century House

## When and Where Other Rotary Clubs Meet:

To view when and where other Rotary Clubs in District 7190 meet go to:

<http://www.rotary7190.org/>, click on When/Where Clubs Meet in the upper left corner of the home page.

### Cohoes Rotary Club Meeting Schedule

**Rotary Board Dinner Meeting** open to all members, spouses and guests Wednesday, May 2, at 5:30 pm at the Century House Restaurant (Dinner will be ordered individually off the regular Century House menu)

**Rotary Lunch Meeting** Wednesday, May 9, at 12:15 pm in the North Room Century House Restaurant

**Rotary Lunch Meeting** Wednesday, May 16, at 12:15 pm in the North Room Century House Restaurant

**Rotary Lunch Meeting** Wednesday, May 23, at 12:15 pm in the North Room Century House Restaurant

**Rotary Lunch Meeting** Wednesday, May 30, at 12:15 pm in the North Room Century House Restaurant

#### Meeting Schedule

The schedule format is: the first Wednesday of the month, a Board dinner meeting at 5:30 pm at the Century House. All club members are invited to attend; all other meetings will be lunch meetings at 12:15 pm at the Century House.

### Rotary Club Officers

**Edward Tremblay** - President

**Edward Tremblay** – President Elect

**Linda Tremblay** - Secretary

**Michael Brooks** - Treasurer

**Marshall Barrett** – Sergeant At Arms

**Fred Daniels** - District Governor

**Cohoes Rotary Web Site -**

[www.rotaryclubofcohoes.org](http://www.rotaryclubofcohoes.org)

We conclude the meeting with recitation of The 4 Way Test led by Ed Tremblay.

#### The 4-Way Test

The 4-Way Test "Of the things we think, say or

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?"

From [ABC's of Rotary](#)

### Song: Row, Row, Row

Row, row, row your boat,

Gently down the stream,

Merrily, merrily, merrily, merrily,

Life is but a dream.

### Century House Menu for Cohoes Rotary

#### **First Course**

Century Salad

*Seasonal Greens Topped with Grape Tomatoes,  
Shredded Carrots and Cucumbers finished with  
our House Balsamic*

#### **Entrée**

Grilled Strip Loin

*Served with Root Vegetable Butternut Hash*

#### **Dessert**

Cheesecake