



# Rota-Briefs



Rotary Club of Cohoes - A Subsidiary of Rotary International

March 21, 2018

**Invocation:** Byron Moak

**Song:** "Red is the Rose," Chuck Ries

**Birthday:**

**Anniversary:**

**Visiting Rotarians:**

**Guests:** Crystal Alesio, TJ Popolizio, Micah and Addison Brady

**Door Prize:** Byron Moak

**Powerball:** Byron Moak tried for \$9 but was unsuccessful.

**Rotarians Present:** Barrett, Brooks, Mitola, Moak, Ries, Tremblay, E., Tremblay, L., Van Alstine

## Good News/Bad News:

**Mike Brooks** was happy for his son Mike's 46<sup>th</sup> birthday. He thanked Bob for the ride to the meeting. He read some words of Wisdom.

**Dave Mitola** said that Mike Brooks is a hard act to follow. He was happy that he has power at his office. Dave was happy that his daughter is receiving an award at a ceremony tonight. He was happy that his son had his artwork displayed at the Empire State Plaza. Dave introduced his guest TJ Popolizio from Clifton Park. TJ played wrestling and soccer at Brown University. He worked at Goldman-Sax for a time but is back in the area to be near family. He works as a financial planner.

**Micah Brady** was happy that he has raised \$630 to date for the American Heart Association.

**Bob Van Alstine** was happy to have been in New York City at Columbia University researching the Sustar papers.

**Chuck Ries** was happy the authorities caught the bomber in Texas.

**Byron Moak** was happy he won the Powerball last week. He donated half of the winnings to the Cohoes Library. Byron was happy for the first day of spring but he would like more concrete evidence it is spring. Last week he attended the Friends of St. Patrick dinner where he saw former Cohoes Rotarian Ed Dyer.

**Marshall Barrett** was happy to welcome all our guests.

**Ed Tremblay** was happy for spring. He was happy to welcome Crystal. He worked with her at City Hall, but has known her since she was in Middle School.

**Linda Tremblay** was happy to welcome her grandchildren to the meeting. They unexpectedly got the afternoon off from school due to a power outage.

## Club Business:

Siena College contacted the club offering student volunteers for community service projects on April 14. Ed Tremblay will work with them on having students assist us with the Cayuga Plaza Clean Up that day.

Rotary District 7190's Next Gen Committee will present "Rotary's Got Talent" on Thursday, May 3 at Crossgates Mall. The event will allow clubs the opportunity to invite prospective Rotarians and engage newer and veteran Rotarians, bringing us together for some comradery, fellowship, and healthy competition.

Ed Tremblay and Chuck Ries will attend the District Training Assembly on April 7.

The Cohoes Rotary is holding its next fundraiser, Clean Cars for Rotary. If you buy 1 Full Service Car Wash for \$27 or 1 Exterior Car Wash for \$10 50% goes to Cohoes Rotary and in turn helps those in need in Cohoes. Tickets can be purchased through Cohoes Rotarians or can be purchased online at:

[www.hoffmanhelpinghands.com/fundraisers/CohoesRotary](http://www.hoffmanhelpinghands.com/fundraisers/CohoesRotary). Contact Colin Demers at 518-785-4536 for Exterior car wash tickets. Please sell as many car washes as you can!

**Program:** Crystal Alesio, President of Community Miracles in Action, talked about her new non-profit in the City of Cohoes. While working at the Cohoes Community Center and the Recreation Department in the City of Cohoes, Crystal noticed a service gap for youth middle and high school age. CMA offers quality youth development programming, creates access to competent, inspired and committed role models, and provides youth the opportunity and necessary support to create systems of success at home, school and work. The program offers STEAM and STEM activities to youth ages 12-18.

## Response:

Ed Tremblay responded on behalf of the club.



*Crystal Alesio and Ed Tremblay*

## Upcoming Speakers & Events:

**3/28/18-** Kim Sheedy, Director, American Heart Association Heart Walk

**4/7/18 –** District Training Assembly/Grant Management Seminar/New Member Orientation

**4/14/18 –** Cayuga Plaza Clean Up, 9:00 am – 12:00 pm

**5/9/18-** Jennifer Spring & Stacy Mackey, Cohoes City School District

## When and Where Other Rotary Clubs Meet:

To view when and where other Rotary Clubs in District 7190 meet go to:

<http://www.rotary7190.org/>, click on When/Where Clubs Meet in the upper left corner of the home page.

### Cohoes Rotary Club Meeting Schedule

**Rotary Board Dinner Meeting** open to all members, spouses and guests Wednesday, March 7<sup>th</sup> at 5:30 pm at the Century House Restaurant (Dinner will be ordered individually off the regular Century House menu)

**Rotary Lunch Meeting** Wednesday, March 14<sup>th</sup> at 12:15 pm in the North Room Century House Restaurant

**Rotary Lunch Meeting** Wednesday, March 21<sup>st</sup> at 12:15 pm in the North Room Century House Restaurant

**Rotary Lunch Meeting** Wednesday, March 28<sup>th</sup> at 12:15 pm in the North Room Century House Restaurant

#### Meeting Schedule

The schedule format is: the first Wednesday of the month, a Board dinner meeting at 5:30 pm at the Century House. All club members are invited to attend; all other meetings will be lunch meetings at 12:15 pm at the Century House.

### Rotary Club Officers

**Edward Tremblay** - President

**Edward Tremblay** – President Elect

**Linda Tremblay** - Secretary

**Michael Brooks** - Treasurer

**Marshall Barrett** – Sergeant At Arms

**Fred Daniels** - District Governor

**Cohoes Rotary Web Site -**

[www.rotaryclubofcohoes.org](http://www.rotaryclubofcohoes.org)

We conclude the meeting with recitation of The 4 Way Test led by Ed Tremblay.

#### The 4-Way Test

The 4-Way Test "Of the things we think, say or

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?"

From [ABC's of Rotary](#)

### Song: Red is the Rose

Come over the hills, my bonnie Irish  
lass,  
Come over the hills to your darling,  
You choose the rose, love, and I'll make  
the vow,  
And I'll be your true love forever.

And red is the rose that in yonder  
garden grows,  
Fair is the lily of the valley,  
Clear is the water that flows from the  
Boyne,  
But my love is fairer than any.

### Century House Menu for Cohoes Rotary

#### **First Course**

Century Salad

*Seasonal Greens topped with Grape Tomatoes,  
Shredded Carrots, and Cucumbers Finished with  
our House Balsamic Dressing*

#### **Entrée**

Corned Beef and Cabbage

#### **Dessert**

Chocolate Torte