



Rota-Briefs



Rotary Club of Cohoes - A Subsidiary of Rotary International

November 22, 2017

Invocation: Chuck Ries

Song: "We Gather Together," Chuck Ries

Birthday: Kennedy Hovey and Addison Brady

Anniversary: Monika Boeckmann

Visiting Rotarians:

Guests: Addison Brady, Micah Brady, Kennedy Hovey, Melissa Trainor

Door Prize: Kennedy Hovey

Powerball: Micah Brady tried for \$35 but was unsuccessful

Rotarians Present: Brooks, Hovey, Mitola, Ries, Tremblay, E., Tremblay, L., Van Alstine

Good News/Bad News:

The following members paid happy/sad dollars:

Mike Brooks thanked Bob Van Alstine for the ride to the meeting. He was happy that his son and his family are coming from Buffalo for Thanksgiving.

Bob Van Alstine was happy that his son and his family and his younger son will all be coming for Thanksgiving.

Curtis Hovey was happy to have our guests with us, Melissa Trainor and Addison, Kennedy and Micah (our future Rotarians). He was sad that on Kennedy's birthday his daughter Myah hurt her ankle at gymnastics. He was happy that Kennedy just had her 6th birthday. He was sorry that currently Kennedy has a sinus infection and double ear infections. He was happy to be going to his parents for Thanksgiving.

Chuck Ries was happy to see all the kids.

Linda Tremblay was sad that a good friend of the family, John Kehn, passed away.

Ed Tremblay was happy for all the people at the meeting. He was looking forward to having 14 people at his house for Thanksgiving dinner. He was happy for Addison and Micah's birthdays that are both within the next week. He and Micah are running the Cohoes Turkey Trot together.

Club Business: The annual Apple Pie sale is ongoing. The club will be selling frozen pies only for \$12. Pies will be on sale through Christmas. The ornament and mug sale is also in process. The Cohoes Rotary will have a table at the Dickens Stroll on Remsen Street on Saturday, November 25. The Rotary Club Christmas Party will be Tuesday, December 12 at the Century House. The club will be ringing the bell for the Salvation Army on Friday, December 15 at the Latham Price Chopper. Please sign up for a shift.

Program: Melissa Trainor from the Albany and Rensselaer County Cancer Services Program, talked about their public education and community outreach programs.

Response: Ed Tremblay responded on behalf of the club.



Melissa Trainor and Ed Tremblay

Upcoming Speakers

11/29/17-Sue Austin, Rotary District 7190 Foundation Chair

When and Where Other Rotary Clubs Meet:

To view when and where other Rotary Clubs in District 7190 meet go to:

<http://www.rotary7190.org/>, click on When/Where Clubs Meet in the upper left corner of the home page.

New Cohoes Rotary Club Meeting Schedule

Rotary Board Dinner Meeting open to all members, spouses and guests Wednesday November 1st at 5:30 pm at the Century House Restaurant (Dinner will be ordered individually off the regular Century House menu)

Rotary Breakfast Meeting Wednesday, November 8th at 7:30 am at Century House Hotel Mohawk Room-Get breakfast at the Saratoga Room buffet and bring to meeting room.

Rotary Lunch Meeting Wednesday, November 15th at 12:15 pm at the North Room Century House Restaurant

Rotary Lunch Meeting Wednesday, November 22nd at 12:15 pm at the North Room Century House Restaurant

Rotary Lunch Meeting Wednesday, November 29th at 12:15 pm at the North Room Century House Restaurant

The schedule format will be: the first Wednesday of the month, a Board dinner meeting; the second Wednesday of the month, a breakfast meeting; the third and fourth Wednesdays of the month, a lunch meeting. If a fifth Wednesday falls within a month it will be a lunch meeting.

Rotary Club Officers

Edward Tremblay - President

Edward Tremblay – President Elect

Linda Tremblay - Secretary

Michael Brooks - Treasurer

Marshall Barrett – Sergeant At Arms

Fred Daniels - District Governor

Cohoes Rotary Web Site -

www.rotaryclubofcohoes.org

We conclude the meeting with recitation of The 4 Way Test led by Ed Tremblay.

The 4-Way Test

The 4-Way Test "Of the things we think, say or

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?"

From [ABC's of Rotary](#)

Song: We Gather Together

We gather together to ask the Lord's blessing,
He chastens and hastens His will to make known;
The wicked oppressing now cease from distressing,
Sing praises to His name, He forgets not his own.

Century House Menu for Cohoes Rotary

First Course

Century Salad
Seasonal Greens Topped with Grape Tomatoes, Shredded Carrots and Cucumbers Finished with our House Balsamic Dressing

Entrée

Chicken Milanese
Served with Rice and Green Beans

Dessert

Lemon Cake