



Rota-Briefs



Rotary Club of Cohoes - A Subsidiary of Rotary International

October 18, 2017

Invocation: Bob Van Alstine

Song: "Shine on Harvest Moon," Chuck Ries

Birthday:

Anniversary:

Visiting Rotarians:

Guests: Brittney Vong and Scott Landry, New York Life Insurance Company; Gretchen Moore and Devon Barrett, Senior Services of Albany

Door Prize: Curtis Hovey

Powerball: Chuck Ries tried for \$24 but was unsuccessful

Rotarians Present: Brooks, Heslin, Hovey, Mitola, Ries, Tremblay, E., Tremblay, L.; Van Alstine

Good News/Bad News:

The following members paid happy/sad dollars:

Mike Brooks thanked Bob Van Alstine for bringing him to the meeting. He wished his son Matt and daughter-in-law a happy anniversary. He read some words of wisdom.

Stephanie Heslin paid for missed meetings. She asked for prayers for her son's best friend who has been diagnosed with a rare form of heart cancer. She will be organizing a fundraiser to assist the family with medical bills.

Bob Van Alstine was happy for the Yankees comeback.

Dave Mitola was also happy for the Yankees comeback. He hopes that the sidewalk project taking place in front of his office is almost done. He was sad that Stephanie Heslin has to tolerate another Mitola in the office space in her building.

Linda Tremblay was happy for a great trip to Chicago. It turned out to be a mini family reunion.

Ed Tremblay was happy for the trip to Chicago. He, his son-in-law and his grandson got to see a Chicago Bears football game. He welcomed the guests to the meeting.

Chuck Ries was happy to see Stephanie Heslin. He was sad to hear about her son's friend's illness. He was sad that his former college football team lost its last season game in overtime.

Gretchen Moore was happy to be at the meeting representing Monika Boeckmann. This Friday will be the Senior Expo at Crossgates Mall. There will be 65 vendors there.

Scott Landry and Brittney Vong were happy to be at the meeting.

Curtis Hovey was happy to see Stephanie. He welcomed the guests to the meeting. He congratulated Dave Mitola for being nominated as the new President of the Cohoes Community Center Board.

Club Business: Ed Tremblay will be attending the Rotary Leadership Institute on Saturday. The Rotary Foundation People of Action Dinner will be held November 16 at 90 State Street in Albany. World Polio Day will be held Tuesday, October 24 at UAlbany School of Public Health. There will be a live feed from the Gates Foundation giving an update on the efforts to eradicate polio. Colin Demers has come up with some new fundraising ideas. Ed Tremblay will send out the list of ideas. Ornaments and mugs are now available for sale. October 31 the Cohoes Rotary will co-sponsor the annual Halloween party at the Cohoes Community Center. Help is needed to man the event.

Program: Devon Barrett, Elder Navigator and Outreach Specialist for Senior Services of Albany, gave a presentation about elder abuse. Elders can be abused physically, emotionally, sexually, financially, and from neglect. Devon explained the different types of abuse and distributed an abuse in later life resource list. He stated that if you suspect a crime has been committed against an elder or feel that someone's safety is at risk to call and report your concerns.

Response: Ed Tremblay responded on behalf of the club.



Devon Barrett and Ed Tremblay

When and Where Other Rotary Clubs Meet:

To view when and where other Rotary Clubs in District 7190 meet go to:

<http://www.rotary7190.org/>, click on When/Where Clubs Meet in the upper left corner of the home page.

New Cohoes Rotary Club Meeting Schedule

Rotary Board Dinner Meeting open to all members, spouses and guests Wednesday October 4th at 5:30 pm at the Century House Restaurant (Dinner will be ordered individually off the regular Century House menu)

Rotary Breakfast Meeting Wednesday, October 11th at 7:30 am at Century House Hotel Mohawk Room-Get breakfast at the Saratoga Room buffet and bring to meeting room.

Rotary Lunch Meeting Wednesday, October 18th at 12:15 pm at the North Room Century House Restaurant

Rotary Lunch Meeting Wednesday, October 25th at 12:15 pm at the North Room Century House Restaurant

The schedule format will be: the first Wednesday of the month, a Board dinner meeting; the second Wednesday of the month, a breakfast meeting; the third and fourth Wednesdays of the month, a lunch meeting. If a fifth Wednesday falls within a month it will be a lunch meeting.

Rotary Club Officers

Edward Tremblay - President

Edward Tremblay – President Elect

Linda Tremblay - Secretary

Michael Brooks - Treasurer

Marshall Barrett – Sergeant At Arms

Fred Daniels - District Governor

Cohoes Rotary Web Site -

www.rotaryclubofcohoes.org

We conclude the meeting with recitation of The 4 Way Test led by Ed Tremblay.

The 4-Way Test

The 4-Way Test "Of the things we think, say or

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?"

From [ABC's of Rotary](#)

Song: Shine on Harvest Moon

Shine on, shine on harvest moon up in
the sky,
I ain't had no lovin'
Since January, February, June or July,
Snow-time ain't no time to stay outdoors
and spoon,
So shine on, shine on harvest moon,
For me and my gal.

Century House Menu for Cohoes Rotary

First Course

Arugula Salad

*Red Apples, Sunflower Seeds, Cheddar Cheese,
Served with Balsamic Dressing*

Entrée

*Sirloin Steak Atop a Warm Biscuit, served
with Baby Carrots and Pan Gravy*

Dessert

Orange Olive Oil Cake