



Rota-Briefs



Rotary Club of Cohoes - A Subsidiary of Rotary International

March 2, 2016

Invocation: Ed Tremblay
Song: "Harrigan," Chuck Ries
Birthday: none
Anniversary: none
Visiting Rotarians:
Guests: Katie Smith
Door Prize: Mike Brooks
Powerball: Linda Tremblay tried for \$76 but was unsuccessful.

Rotarians Present:

Barrett, Brooks, Heslin, Hovey, Mitola, Ries, Signoracci, Tremblay, E., Tremblay, L., Van Alstine

Good News/Bad News:

The following members paid happy/sad dollars:

Mike Brooks thanked Bob Van Alstine for the ride to the meeting and told his usual jokes.
Stephanie Heslin was happy to be back. Her puppy is now four months old and weighs 44 pounds and is great at digging large holes in the lawn.

Bob Van Alstine was happy that the District's second technology training went so well.

Ed Tremblay noted that the most Googled question after last night's Republican debate was "How do I move to Canada?"

Linda Tremblay was happy that after the whole family taking turns pumping water out of her daughter and son-in-law's basement for 36 hours the clog in the sewer line finally released and water stopped coming in.

Marshall Barrett paid for missing the Board meeting.

Curtis Hovey was happy to have Katie Smith as the guest speaker today to talk about the Inclusive Sports Recreation Program. In honor of Dr. Seuss' birthday it was Wacky Wednesday at the Community Center Day Care program.

Chuck Ries was happy that Bob Van Alstine's new book is coming along well.

Club Business:

The "Pot of Gold" raffle tickets are on sale. The winning ticket will be drawn the day before St.

Patrick's Day at the March 16 Rotary meeting. Please sell your tickets.

Several of the Rotary Clubs in the area have committed to having a food drive to support the Food Pantries of the Capital Region in conjunction with their March CANstruction event. The Cohoes Club placed a box at the Cohoes Community Center. Please bring in canned goods to our regular meetings for placement in our donation box. The weigh in event will be held on Saturday, March 5 at Grassland Equipment & Irrigation, 892-898 Troy Schenectady Road, Latham, NY 12110. Clubs are asked to deliver items between 8 am and 11:30 am. Cans will be loaded on a box truck and delivered to the CANstruction weigh in scheduled for 12:30 at Arnoff Moving and Storage.

Program: Katie Smith spoke about the Cohoes Community Center/City of Cohoes Inclusive Sports Recreation Program. It is a sports program open to all kids and adults with and without intellectual, developmental, or physical disabilities.
Response: Curtis Hovey responded on behalf of the club.



Katie Smith and Curtis Hovey

Upcoming Meetings and Events

3/9/16-Lorenzo Murray, Capital Region Rotary Business Expo

3/16/16-Matt Graff, Cohoes Library

3/23/16-Shawn Morse, Mayor, City of Cohoes

When and Where Other Rotary Clubs Meet:

To view when and where other Rotary Clubs in District 7190 meet go to:

<http://www.rotary7190.org/>, click on When/Where Clubs Meet in the upper left corner of the home page.

Rotary Club Officers

Dave Mitola - President
Curtis Hovey – President Elect
Linda Tremblay - Secretary
Michael Brooks - Treasurer
Marshall Barrett – Sergeant At Arms
David Hennel - District Governor

Cohoes Rotary Web Site -
www.rotaryclubofcohoes.org

We conclude the meeting with recitation of The 4 Way Test led by Stephanie Heslin.

The 4-Way Test

The 4-Way Test "Of the things we think, say or

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?"

From [ABC's of Rotary](#)

Song: Harrigan

H-A-double R-I, G-A-N spells Harrigan,
I'm proud of all the Irish blood that's in me,
Devil a man can say a word agin me.
H-A-double R-I, G-A-N you see.
It's a name
That a shame never has been connected
with,
HARRIGAN, that's me.

Century House Menu for Cohoes Rotary

First Course

Potato Bacon Soup

Entrée

Grilled Pork Tenderloin topped with a Dijon Demi
Cream served with Mashed Potatoes and
Hericots Verts

Dessert

Chocolate Torte