



Rota-Briefs



Rotary Club of Cohoes - A Subsidiary of Rotary International

August 21, 2013

Invocation: Colin Demers

Song: "Up A Lazy River," Chuck Ries

Birthday: Diane Conroy LaCivita

Anniversary: Chuck Ries

Visiting Rotarians: Byron Moak, Lansingburgh Club, Kara Wilhelm, New Albany Club

Guests: Marilyn Wheeler, Counseling Care and Services

Door Prize: Ed Tremblay

Powerball: Dave Mitola tried for \$286 but was unsuccessful.

Rotarians Present:

Barrett, Conroy-LaCivita, Demers, Farrell, Hornbrook, Mitola, Pasinella, Ries, Tremblay, E., Van Alstine

Good News/Bad News:

The following members paid happy/sad dollars:

Chuck Ries paid for missed meetings. He had a busy vacation but was happy to be back.

Al Pasinella paid because he had a fantastic weekend with his family and he welcomed Kara to the meeting.

Bob Van Alstine paid because they held a baby shower for the grandchild they are expecting. He also welcomed Kara to the meeting.

Colin Demers paid to announce that there is now an electric car charger available at the Century House. The restaurant is now serving their own blended fair trade coffee. The Century House served meals at the Sister Marie Joy Center in Albany.

Marshall Barrett paid because Mike Brooks is in the hospital. Marshall hurt his back playing with his dog.

Byron Moak paid because he was happy to be at the meeting. The Lansingburgh Club made \$4,000 on their chicken barbecue fundraiser.

Ed Tremblay paid because sadly his wife Linda's cousin Jean passed away. He was sorry to announce that Mike Brooks is in the hospital. Smith's of Cohoes had a successful event with All Over Albany.

Dave Mitola was sorry to hear about Linda's cousin. He had a happy visit with his in-laws. He is going to the Saratoga Race Track Saturday for the Travers.

Club Business

Program:

Marilyn Wheeler from Counseling Care and Services talked about the work the center is doing with returning veterans. They are offering a new program for PTSD. They specialize in family services.

Response:

Dave Mitola responded on behalf of the club and presented Marilyn with a donation to Counseling Care for \$100.



Marilyn Wheeler and President David Mitola

Upcoming Programs:

8/28/13-Major Isial Acosta, Salvation Army

9/4/13-Club Assembly

9/18/13-District Governor Sue Austin

We conclude each weekly meeting with recitation of The 4 Way Test, led by Colin Demers.

The 4-Way Test

The 4-Way Test "Of the things we think, say or do":

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?"

From [ABC's of Rotary](#)

When and Where Other Rotary Clubs Meet:

To view when and where other Rotary Clubs in District 7190 meet go to:

<http://www.rotary7190.org/>, click on When/Where Clubs Meet in the upper left corner of the home page.

Rotary Club Officers

Dave Mitola - President

Beverly Signoracci – President Elect

Linda Tremblay - Secretary

Michael Brooks - Treasurer

Marshall Barrett – Sergeant At Arms

Susan Austin - District Governor

Cohoes Rotary Web Site - www.rotaryclubofcohoes.org

**Rotary Club of Cohoes
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