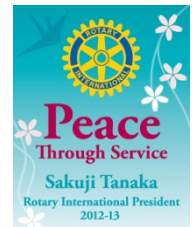


Rota-Briefs



Rotary Club of Cohoes - A Subsidiary of Rotary International

October 24, 2012

Invocation: Byron Moak

Song: "Bill Bailey", Chuck Ries

Visiting Rotarians: Byron Moak

Guests: Jennifer Keigley, First Niagara Bank;
Kathleen Fisk, In Harmony Yoga

Birthday:

Anniversary: Pat Shannon

Door Prize: Jennifer Keigley

Powerball: Jake Robert tried for \$93 but was unsuccessful.

Rotarians Present:

Barrett, Brooks, Demers, Farrell, Hornbrook, Mitola, Ries, Robert, Signoracci, Tremblay, E, Van Alstine

Good News/Bad News:

The following members paid happy/sad dollars:

Mike Brooks paid for being happy to be at the meeting and to announce that "Jack Farrell" is the new manager for the Red Sox.

Keith Hornbrook paid because he went to Rotary training. Albany County is looking at possibly cutting services for Seniors. Keith asked the club to sign the online petition to prevent services from being cut. The heating and cooling work at the Senior Center is now complete. The new transportation van for the Senior Center has arrived.

Chuck Ries paid in support of all of Keith's good news.

Bev Signoracci paid because she enjoys her walks on the Island and she has been seeing numerous deer lately.

Byron Moak paid because he saw Dave Mitola's ad for his dental practice in the newspaper. Byron won a picture of Rensselaer Park at the Lansingburgh Historic Society fundraiser. He also attended the fundraiser in Bennington, VT for Marshall Barrett's church where \$37,000 was raised.

Marshall Barrett paid to thank Dave Mitola and Colin Demers for their support of the church fundraiser.

Ed Tremblay paid for work beginning on the Heritage Trail and for the Keveny Reunion banner on display on the trestle advertising the event.

Dave Mitola paid to announce that the Friends of the Library will be holding a fundraiser Sunday, November 4. He also paid because his wife has a new project she wants him to get done soon.

Bob Van Alstine paid to thank everyone for their help in trying to sell tickets for the Keveny reunion.

Program: Colleen McDonald gave a presentation on her Cohoes business, In Harmony Yoga. Mike Brooks responded on behalf of the club.

Club Business:

The club Christmas party will be held 12/12/12 at the Century House. The Latham and Lansingburgh clubs will be joining us.



Guest Speaker Colleen McDonald from In Harmony Yoga

- We conclude each weekly meeting with recitation of The 4 Way Test, see below.

The 4-Way Test led by Keith Hornbrook:

The 4-Way Test "Of the things we think, say or do":

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?"

From [ABC's of Rotary](#)

Rotary Club Officers

Robert W. Van Alstine - President

David Mitola - President Elect

Linda Tremblay - Secretary

Michael Brooks - Treasurer

Marshall Barrett - Sergeant At Arms

Melissa Ward - District Governor

Cohoes Rotary Web Site - www.rotaryclubofcohoes.org

When and Where Other Rotary Clubs Meet:

Monday	
Corinth	7:15PM
Agape Bed and Breakfast, Rt. 9N, Corinth	
Hudson Falls	12:10 PM
Pizza Hut. Rt.4, Fort Edward	
Racing City Rotary	5:30 PM
Olde Gaslight Restaurant, 12 Ballston Avenue, Saratoga Springs	
Burnt Hills/Ballston Lake	6:15 PM
Bill Sewell Community Room, Town of Ballston Town Hall	
Lake George	6:15 PM
Holiday Inn Rt. 2223 State Rt. 9	
Tuesday	
Northern Lake George	7:30 AM
Watson Arts Center, Silver Bay	
Wilton	7:30 AM
Friendly's Restaurant, Route 50, Wilton	
Latham	12:00 PM
Century House, Latham	
Watervliet	12:10 PM
First Presbyterian Church, 819 2 nd Street, Watervliet Meets 2 nd and 4 th weeks only)	
Ballston Spa	12:15 PM
Manna's Restaurant, 17 Low St, Ballston Spa	
Glove Cities	12:15 PM
Holiday Inn, Rt. 30A, Johnstown	
Menands	12:15 PM
The Corner Well Restaurant, 698 North Pearl St.	
Scotia	6:00 PM
Turf Tavern, 40 Mohawk Avenue, Scotia	
South Glens Falls	5:45 PM
Humbuggs, Corner Bluebird Rd. and Rt. 32, South Glens Falls	
Chestertown	6:15 PM
O.P. Frederick's Restaurant, Rt. 8., Chestertown	
Lansingburgh	6:15 PM
Paradise Lounge, 630 2 nd and 117 th Streets, Troy	
Northville	6:30 PM
(Call for locations and directions)	
Schoharie	6:30 PM
Parrot House - Rt. 30 Main St. Schoharie	

Wednesday	
Niskayuna	7:15 AM Route 7
Diner, 1090 Troy-Schenectady Road	
Delmar	7:30 AM
Normanside Country Club, 150 Salisbury Rd., Delmar	
Mohawk Valley	7:30 AM
Senior Center, 204 Canal St., Fort Plain	
Schenectady East	7:30 AM
Old Country Buffet, Crosstown Plaza, Rt. 7, Schenectady	
Turning Point	7:30 AM
General Schuyler Pantry 166 Broad St., Schuylerville	
Champlain Canal	8:00 PM
Community Room, Mid-Rise Senior Apts, 180 N. Main Street Mechanicville	
Albany	12:15 PM
Wolferts Roost Country Club, 1230 Van Rensselaer Blvd., Albany	
Amsterdam	12:15 PM
Raindancer Steak Parlor, Rt. 30N, Amstgerdam	
Cohoes	12:15 PM
Century House, Rt. 9, Latham	
Colonie-Guilderland	12:15 PM
Western Turnpike Golf Course Rt. 20, Guilderland	
Saratoga Springs	12:15 PM
Longfellows Restaurant, Rt. 9P	
Cobleskill	6:10 PM
Best Western Inn of Cobleskill Rt. 7, Main Street, Cobleskill.	
Granville	6:15 PM
AJ's Restaruent, Quaker Street, Granville	

Thursday	
Malta Sunrise	7:15 AM
Malta Diner Rts. 9 & 67, Malta (Exit 12 off I87)	
Rotterdam Sunrise	7:15 AM
McLanes Restaurant, 2717 Broadway, Rotterdam	
Shenendehowa	7:15 AM
Coburg Village Retirement Facility, Grooms Rd., Clifton Park	
North Creek	7:30 AM
Marsha's Restaurant, Main St., North Creek	
Schenectady	12:00 PM
Stockade Inn, 1 North Church St., Schenectady	
Twin Bridges	12:00 PM
Salty's, Northway Exit 8A, East of Rt. 9, Halfmoon	
Glens Falls	12:10 PM
Queensbury Hotel, 88 Ridge Street, glens Falls	
Troy	12:15 PM
The Red Front Restaurant, 71 Division Street, Troy	
Middleburgh	6:05 PM
Middleburgh United Methodist Church, Rt. 145 Middleburgh Main St. & Bush Rd.)	
Salem	6:15 PM
Bunker Hill B&B on Bunker Hill Rd. Salem (5.5 mi. NW of Salem)	
Southern Rensselaer	6:15 PM
Holiday Inn Express,US 4 East Greenbush (Exit 9 off I 90)	
Broadalbin	6:30 PM
The White Holland House, 1520 Ste Highway 29, Gloversville	
Fort Ann	6:30 PM
Mountain View Java, Rt 4, Fort Ann	
Sharon Springs	6:30 PM
Pit Stop BBQ, Rts. 10 & 20, Sharon Springs	
Friday	
Glenville	7:15 AM
Turf Tavern, Rt. 50, Scotia	

Rotary Club of Cohoes
PO Box 81
Cohoes, NY 12047