



Rota-Briefs



Rotary Club of Cohoes - A Subsidiary of Rotary International

August 24, 2011

Song: Chuck Ries, "Cruising Down the River."

Anniversaries: Julie & Mark DeFrusco

Birthdays:

Visiting Rotarians: Byron Moak (Lansingburgh)
John Musco, Assistant District Governor(Lansingburgh)

Guests: Mike Weidrich
Father James Ebert, Pastor, Holy Trinity
Betty Nathan

Powerball: John Doemel, 4 Spades

Rotarians Present:

Barrett, Brooks, Farrell, Doemel, Hornbrook, Musiker,
Ries, Robert, Mitola, Signoracci, Ed Tremblay, Van
Alstine, Williams

Good News/Bad News:

The following members paid happy/ sad dollars:
Ed Tremblay happy to host the end of the summer
celebration at his home to benefit the Cohoes Senior
Center.

Mike Brooks was happy to announce that his wife
Marie is visiting her grandchildren.

Byron Moak announced the Lansingburgh Rotary Club
Chicken BBQ was a sell-out. (more chickens next year)

Bob Van Alstine was happy Fr. Ebert was here to visit.

John Doemel was happy to welcome our guests.

Keith was happy for Ed and Linda's party to support the
Senior Center.

Bill Nathan was happy to be attending.

Events/ Information:

- We are updating the membership directory, please
contact Dave Mitola with any changes since last year.

- Keith will e-mail information about the Leadership
Conference and the Flavors of the World Cookbook.

- Please attend John Doemel's retirement party,
Sep. 9th at the Ukrainian-American Club in Cohoes.

- The District Toolbox is available to view online and
contains information about other clubs and their
activities in our district

<http://www.clubrunner.ca/data/7190/html/134284/august2011toolbox.pdf>

- Next week's speaker will be Marilyn Wheeler from
Counseling Care and Services, Inc.

<http://www.counselingcareandservices.org/>

Program:

Bill Nathan, District Governor

Attachment to come at a later date.

- We conclude each weekly meeting with recitation
of The 4 Way Test, see below.

The 4-Way Test:

The 4-Way Test "Of the things we think, say or
do":

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER
FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?"

From [ABC's of Rotary](#)

ROTARY'S WHEEL EMBLEM

A wheel has been the symbol of Rotary since our
earliest days. The first design was made by Chicago
Rotarian Montague Bear, an engraver who drew a
simple wagon wheel, with a few lines to show dust and
motion. The wheel was said to illustrate "Civilization
and Movement."

Most of the early clubs had some form of wagon
wheel on their publications and letterheads. Finally, in
1922, it was decided that all Rotary clubs should adopt
a single design as the exclusive emblem of Rotarians.
Thus, in 1923, the present gear wheel, with 24 cogs
and six spokes was adopted by the "Rotary
International Association."

A group of engineers advised that the geared
wheel was mechanically unsound and would not work
without a "keyway" in the center of the gear to attach it
to a power shaft. So, in 1923 the keyway was added
and the design which we now know was formally
adopted as the official Rotary International emblem.

Rotary Club Officers

Keith Hornbrook - President

Robert W. Van Alstine – President elect

David Mitola - Secretary

Michael Brooks - Treasurer

Marshall Barrett - Sergeant At Arms

Bill Nathan - District Governor

Cohoes Rotary Web Site - www.rotaryclubofcohoes.org



Cohoes Rotary Club Program 2011-2012



August 24, 2011

Bill Nathan
District Governor of Rotary District 7190

John Musco, Assistant District Governor of Rotary District 7190 introduced DG Bill Nathan. DG Nathan joined Rotary in 1973 and has been President of the Albany Rotary Club, District Treasurer, and is a member of the Paul Harris Society. Professionally, Mr. Nathan is owner of Nathan Office Interiors, specializing in commercial office design. He has two children and 2 grandchildren. John provided brochures for local events such as, the Lansingburgh Rotary Elvis Birthday Party fundraiser, the Ulysses S. Grant Cottage, and A Guide to Uncle Sam Points of Interest in Troy, NY.

Bill Nathan started the program with a song by the Kingston Trio about the Rotary Four-Way Test. The Kingston Trio are Rotarians who have generated over \$100,000 toward the eradication of polio through their music. Mr. Nathan presented the club with the 2011-12 Rotary theme banner, "Reach Within to Embrace Humanity". The banner and theme was created by Rotary International President, Kalyan Banerjee. Bill also presented club President, Keith Hornbrook with a Presidents pin and President-Elect, Bob Van Alstine with a President-Elect pin.

DG Nathan discussed the importance of membership. The club should focus on bringing in younger members. When recruiting potential members, we should speak about what is important to ourselves about being a Rotarian. All members should have an "elevator speech" prepared, a brief description of our feelings about Rotary that can be expressed in a short conversation. He also suggested having a Rotary business card to hand out to potential future members.

In order to retain members, the club should keep new members involved in club activities. This will make new members feel value in the time they are spending with the club. Bill described a changing point for ADG, John Musco that inspired him to become more active in his club activities. A club officer called John and offered him a leadership position. Mr. Nathan stressed the importance of attending the Rotary Leadership Institute as a way of sustaining membership. The club will pay the attendance fee for the Leadership Institute.

DG Nathan discussed the Rotary Foundation. TRF Direct is a website where members can make personal donations to the Foundation. The district will present the club with a banner for 100% member participation.

Upcoming events were discussed. The District Foundation Event is scheduled for Nov. 13. It will take place at the Cohoes Music Hall. The program will be presented by the Youth Core. A highlight of the program will be a special presentation of Paul Harris Fellows or multiple Paul Harris pins that our event committee has drawn up. In order for this to work, however, all Paul Harris money and forms must be submitted to Foundation Chair Dan Stec or Annual Giving Chair Anne Cargile by Saturday, October 1. Perhaps the recognition is to yourself or is a surprise to another. It could be a Rotarian or someone outside Rotary. The district will match 1:1 during a member's first Paul Harris Fellow, in addition to Rotary International. Therefore, for every \$100 it will generate 300 points.

The Group Study Exchange (GSE) will be in District 2820, Japan. It will last 4 weeks starting March, 14. There will be 4 team members and 1 team leader. Team members can be 25-40 years of age, non-Rotarians, and have at least 2 years experience in their career. Applications for both Team members and Team Leader, which need to be submitted to our GSE Chair, Tony Rivera, by October 1. To complete the exchange, we will be receiving a similar team from Japan who will be in our District April 28 through May 26.

“Rotarian Flavors of the World Cookbook,” a colorful book that will include at least one of our six District recipe winners. Please consider the book for your own use as well as for a personal or business gift! Perhaps your club can use it for recognition of special service. Remember that for \$12 you will be contributing \$5 to our District fundraising for Polio.

The Rotary International Convention will take place in Bangkok, Thailand, May 6-9. There are currently low hotel rates available, \$160/person. The trip is being organized by District Governor-Elect, Melissa Ward. Bill and his wife have attended the convention for the past 14 years.

The District Conference will be on May 19-20 at Fort William Henry in Lake George.

Bill closed the program with the African Proverb: “If you want to go fast go alone, if you want to go far, go together.” There are approximately 1300 members in our district and we should all work together toward our goals.

When and Where Other Rotary Clubs Meet:

Monday	
Corinth	7:15PM
Agape Bed and Breakfast, Rt. 9N, Corinth	
Hudson Falls	12:10 PM
Pizza Hut. Rt.4, Fort Edward	
Racing City Rotary	5:30 PM
Olde Gaslight Restaurant, 12 Ballston Avenue, Saratoga Springs	
Burnt Hills/Ballston Lake	6:15 PM
Bill Sewell Community Room, Town of Ballston Town Hall	
Lake George	6:15 PM
Holiday Inn Rt. 2223 State Rt. 9	
Tuesday	
Northern Lake George	7:30 AM
Watson Arts Center, Silver Bay	
Wilton	7:30 AM
Friendly's Restaurant, Route 50, Wilton	
Latham	12:00 PM
Century House, Latham	
Watervliet	12:10 PM
First Presbyterian Church, 819 23 rd Street, Watervliet Meets 2 nd and 4 th weeks only)	
Ballston Spa	12:15 PM
Manna's Restaurant, 17 Low St, Ballston Spa	
Glove Cities	12:15 PM
Holiday Inn, Rt. 30A, Johnstown	
Menands	12:15 PM
The Corner Well Restaurant, 698 North Pearl St.	
Scotia	6:00 PM
Turf Tavern, 40 Mohawk Avenue, Scotia	
South Glens Falls	5:45 PM
Humbuggs, Corner Bluebird Rd. and Rt. 32, South Glens Falls	
Chestertown	6:15 PM
O.P. Frederick's Restaurant, Rt. 8., Chestertown	
Lansingburgh	6:15 PM
Paradise Lounge, 630 2 nd and 117 th Streets, Troy	
Northville	6:30 PM
(Call for locations and directions)	
Schoharie	6:30 PM
Parrot House - Rt. 30 Main St. Schoharie	

Wednesday	
Niskayuna	7:15 AM Route 7
Diner, 1090 Troy-Schenectady Road	
Delmar	7:30 AM
Normanside Country Club, 150 Salisbury Rd., Delmar	
Mohawk Valley	7:30 AM
Senior Center, 204 Canal St., Fort Plain	
Schenectady East	7:30 AM
Old Country Buffet, Crosstown Plaza, Rt. 7, Schenectady	
Turning Point	7:30 AM
General Schuyler Pantry 166 Broad St., Schuylerville	
Champlain Canal	8:00 PM
Community Room, Mid-Rise Senior Apts, 180 N. Main Street Mechanicville	
Albany	12:15 PM
Wolferts Roost Country Club, 1230 Van Rensselaer Blvd., Albany	
Amsterdam	12:15 PM
Raindancer Steak Parlor, Rt. 30N, Amstgerdam	
Cohoes	12:15 PM
Century House, Rt. 9, Latham	
Colonie-Guilderland	12:15 PM
Western Turnpike Golf Course Rt. 20, Guilderland	
Saratoga Springs	12:15 PM
Longfellows Restaurant, Rt. 9P	
Cobleskill	6:10 PM
Best Western Inn of Cobleskill Rt. 7, Main Street, Cobleskill.	
Granville	6:15 PM
AJ's Restaruent, Quaker Street, Granville	

Thursday	
Malta Sunrise	7:15 AM
Malta Diner Rts. 9 & 67, Malta (Exit 12 off I87)	
Rotterdam Sunrise	7:15 AM
McLanes Restaurant, 2717 Broadway, Rotterdam	
Shenendehowa	7:15 AM
Coburg Village Retirement Facility, Grooms Rd., Clifton Park	
North Creek	7:30 AM
Marsha's Restaurant, Main St., North Creek	
Schenectady	12:00 PM
Stockade Inn, 1 North Church St., Schenectady	
Twin Bridges	12:00 PM
Salty's, Northway Exit 8A, East of Rt. 9, Halfmoon	
Glens Falls	12:10 PM
Queensbury Hotel, 88 Ridge Street, glens Falls	
Troy	12:15 PM
The Red Front Restaurant, 71 Division Street, Troy	
Middleburgh	6:05 PM
Middleburgh United Methodist Church, Rt. 145 Middleburgh Main St. & Bush Rd.)	
Salem	6:15 PM
Bunker Hill B&B on Bunker Hill Rd. Salem (5.5 mi. NW of Salem)	
Southern Rensselaer	6:15 PM
Holiday Inn Express,US 4 East Greenbush (Exit 9 off I 90)	
Broadalbin	6:30 PM
The White Holland House, 1520 Ste Highway 29, Gloversville	
Fort Ann	6:30 PM
Mountain View Java, Rt 4, Fort Ann	
Sharon Springs	6:30 PM
Pit Stop BBQ, Rts. 10 & 20, Sharon Springs	
Friday	
Glenville	7:15 AM
Turf Tavern, Rt. 50, Scotia	

Rotary Club of Cohoes
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