



Rota-Briefs



Rotary Club of Cohoes - A Subsidiary of Rotary International

November 12, 2009

Cohoes Rotarians Present: Barrett, Demers, Hornbrook, Rivera, E. Tremblay and Van Alstine

Events/ Information:

- [Cohoes Rotary Informational Mixer](#), November 18, 2009, 6 to 8 pm at the Century House in Latham.
- Exclusive performance of [Beauty and the Beast](#) for Rotarians on Wednesday, December 9, 2009 at the Cohoes Music Hall.

Club Business:

It is **important that each member** provide Marshall or I one more names of people that you know that we should invite to attend the [Informational Mixer](#) on November 18th. We need your help to make this event a success!

Cohoes Rotary Informational Mixer:

The date for the Cohoes Rotary Informational Mixer is quickly approaching. **It is important that each of you attend this important event**, see Event/ Information above.

You are encouraged to bring your spouses. Each member who has invited someone to the Mixer is asked to attend with them. In addition, it is important that each of you mingle and talk to guests about your experiences in Rotary.

Rotary Basics: Four Avenues of Service:

Club Service

Club Service focuses on strengthening fellowship and ensuring the smooth functioning of Rotary clubs. Learn about effective club service in [Membership](#) and [Training](#).

Vocational Service

Vocational Service involves club members serving others through their professions and aspiring to high ethical standards. Rotarians, as business leaders, share skills and expertise through their vocations, and they inspire others in the process. [Learn more.](#)

Community Service

Community Service is the opportunity Rotary clubs have to implement club projects and activities that improve life in the local community.

[Learn more about community service](#) and [assessing your community](#).

International Service

International Service encompasses efforts to expand Rotary's humanitarian reach around the world and to promote world understanding and peace. It includes everything from contributing to PolioPlus to helping Rotary Youth Exchange students adjust to their host countries.

Learn more about [participating in World Community Service](#).

Program:

On Thursday, November 12th, 2009 six Rotary Clubs (Ballston Spa, Cohoes, Latham, Lansingburgh, Shenendehowa and Twin Bridges) met at the Century House to listen to Christina Homer, a former polio poster child, talk about her life experiences, see attached.



Bill Nathan, Harriet Noble and Marshal Barrett

Rotary Club Officers

Marshall Barrett - President

Keith Hornbrook - President Elect

Robert W. Van Alstine - Secretary/
Editor Club Newsletter

Michael Brooks - Treasurer

Beverly Signoracci - Sergeant At Arms

John C. Eaton - District Governor

Cohoes Rotary Web Site - www.rotaryclubofcohoes.org

Next Week's Program:

This week's meeting is the [Informational Mixer](#) at the Century House from 6 to 8 pm this evening. There is no noon meeting this week.



Rotary Club of Cohoes
PO Box 81
Cohoes, NY 12047



November 12th 2009 Presentation by Christina Homer



Christina Homer, who lives with Post Polio Syndrome, shared her powerful and inspirational story. She told us that this is the first time that she has shared her whole story publicly. We thank her for her courage, her frankness, and for being such an inspiration to so many.

Christina was stricken with polio at the age of 4 months. She was hospitalized in a polio ward until the age of 5 where she spent most of her time in an iron lung. During this time period, parents were urged not to maintain contact with their children, so the most Christina ever saw of her parents was an occasional face in a window. She received no human contact nor affection from her care givers and she was not taught anything, not even how to speak. When she finally appeared to be cured of polio at the age of 5 she became a March of Dimes "polio poster child."

Christina suffered criticisms from her peers growing up. She was always "different". She was told she'd most likely not survive to see 40 nor ever give birth.

She later attended high school and college and lived a few decades of a "normal life". She earned five masters degrees and speaks several languages. She also married and has a daughter. She beat the odds! She now lives with her loving husband and remains active in the Polio Survivors community as well as the arts.

You can help Rotary International eradicate polio from the planet. We have 4 countries to go!

When and Where Other Rotary Clubs Meet:

Monday	
Corinth	7:15PM
Agape Bed and Breakfast, Rt. 9N, Corinth	
Hudson Falls	12:10 PM
Pizza Hut. Rt.4, Fort Edward	
Racing City Rotary	5:30 PM
Olde Gaslight Restaurant, 12 Ballston Avenue, Saratoga Springs	
Burnt Hills/Ballston Lake	6:15 PM
Bill Sewell Community Room, Town of Ballston Town Hall	
Lake George	6:15 PM
Holiday Inn Rt. 2223 State Rt. 9	
Tuesday	
Northern Lake George	7:30 AM
Watson Arts Center, Silver Bay	
Wilton	7:30 AM
Friendly's Restaurant, Route 50, Wilton	
Latham	12:00 PM
Century House, Latham	
Watervliet	12:10 PM
First Presbyterian Church, 819 23 rd Street, Watervliet Meets 2 nd and 4 th weeks only)	
Ballston Spa	12:15 PM
Manna's Restaurant, 17 Low St, Ballston Spa	
Glove Cities	12:15 PM
Holiday Inn, Rt. 30A, Johnstown	
Menands	12:15 PM
The Corner Well Restaurant, 698 North Pearl St.	
Scotia	6:00 PM
Turf Tavern, 40 Mohawk Avenue, Scotia	
South Glens Falls	5:45 PM
Humbuggs, Corner Bluebird Rd. and Rt. 32, South Glens Falls	
Chestertown	6:15 PM
O.P. Frederick's Restaurant, Rt. 8., Chestertown	
Lansingburgh	6:15 PM
Paradise Lounge, 630 2 nd and 117 th Streets, Troy	
Northville	6:30 PM
(Call for locations and directions)	
Schoharie	6:30 PM
Parrot House - Rt. 30 Main St. Schoharie	

Wednesday	
Niskayuna	7:15 AM
Route 7 Diner, 1090 Troy-Schenectady Road	
Delmar	7:30 AM
Normanside Country Club, 150 Salisbury Rd., Delmar	
Mohawk Valley	7:30 AM
Senior Center, 204 Canal St., Fort Plain	
Schenectady East	7:30 AM
Old Country Buffet, Crosstown Plaza, Rt. 7, Schenectady	
Turning Point	7:30 AM
General Schuyler Pantry 166 Broad St., Schuylerville	
Champlain Canal	8:00 PM
Community Room, Mid-Rise Senior Apts, 180 N. Main Street Mechanicville	
Albany	12:15 PM
Wolferts Roost Country Club, 1230 Van Rensselaer Blvd., Albany	
Amsterdam	12:15 PM
Raindancer Steak Parlor, Rt. 30N, Amstgerdam	
Cohoes	12:15 PM
Century House, Rt. 9, Latham	
Colonie-Guilderland	12:15 PM
Western Turnpike Golf Course Rt. 20, Guilderland	
Saratoga Springs	12:15 PM
Longfellows Restaurant, Rt. 9P	
Cobleskill	6:10 PM
Best Western Inn of Cobleskill Rt. 7, Main Street, Cobleskill.	
Granville	6:15 PM
AJ's Restaruent, Quaker Street, Granville	

Thursday	
Malta Sunrise	7:15 AM
Malta Diner Rts. 9 & 67, Malta (Exit 12 off I87)	
Rotterdam Sunrise	7:15 AM
McLanes Restaurant, 2717 Broadway, Rotterdam	
Shenendehowa	7:15 AM
Coburg Village Retirement Facility, Grooms Rd., Clifton Park	
North Creek	7:30 AM
Marsha's Restaurant, Main St., North Creek	
Schenectady	12:00 PM
Stockade Inn, 1 North Church St., Schenectady	
Twin Bridges	12:00 PM
Salty's, Northway Exit 8A, East of Rt. 9, Halfmoon	
Glens Falls	12:10 PM
Queensbury Hotel, 88 Ridge Street, glens Falls	
Troy	12:15 PM
The Red Front Restaurant, 71 Division Street, Troy	
Middleburgh	6:05 PM
Middleburgh United Methodist Church, Rt. 145 Middleburgh Main St. & Bush Rd.)	
Salem	6:15 PM
Bunker Hill B&B on Bunker Hill Rd. Salem (5.5 mi. NW of Salem)	
Southern Rensselaer	6:15 PM
Holiday Inn Express,US 4 East Greenbush (Exit 9 off I 90)	
Broadalbin	6:30 PM
The White Holland House, 1520 Ste Highway 29, Gloversville	
Fort Ann	6:30 PM
Mountain View Java, Rt 4, Fort Ann	
Sharon Springs	6:30 PM
Pit Stop BBQ, Rts. 10 & 20, Sharon Springs	
Friday	
Glenville	7:15 AM
Turf Tavern, Rt. 50, Scotia	

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