



# Rota-Briefs



Rotary Club of Cohoes - A Subsidiary of Rotary International

September 17, 2008

**Invocation:** Al Pasinella

**Song:** Jack Farrell – Take Me Out to the Ballgame

**Anniversaries:** None

**Birthdays:** None

**Visiting Rotarians:** None

**Guests:** Marilyn Wheeler

## Big Bucks

**Mystery Raffle:** Harry McDonald

**Powerball:** Harry McDonald tried for the prize but was unsuccessful. .

**Sawbuck Raffle:** Pete McLaughlin

**Rotarians Present:** Brooks, Demers, Farrell, Hull, McDonald, Pasinella, Ries, Signoracci, Speidel, Tremblay E., R. W. Van Alstine, R. T. Van Alstine.

**Good News/Bad News:** The following members paid happy/ sad dollars:

Mike Brooks Harry McDonald and Walter Speidel for the closing of Yankee Stadium and for the last series in the stadium against the Orioles; Chuck Ries for a wedding shower for his daughter and because he missed last week's meeting; Harry McDonald because he was in Yankee Stadium for the farewells to Lou Gehrig and to Babe Ruth; Ed Tremblay because his son started a new job and because Linda sold 8 coffee mugs at the opening of Falls Park.

## Rotary Club Officers

**Colin Demers** -President

**Marshall Barrett** -Vice President/Program Chair

**Robert W. Van Alstine** -Secretary/Bulletin Editor

**Michael Brooks**-Treasurer

**Beverly Signoracci**-Sergeant At Arms

**Mike Popolizio**-District Governor

**Cohoes Rotary Web Site**

[www.timesunion.com./communities/rotary/Cohoes](http://www.timesunion.com./communities/rotary/Cohoes)

## Events:

- Amateur Boxing Shows - September 20<sup>th</sup>, sponsored by the Cohoes Youth Boxing Club, part of the Island Festival.
- Island Fall Festival, sponsored by the Kiwanis Club of Cohoes and the Van Schaick Island Neighborhood Watch, September 19<sup>th</sup> 5:00 to 11:00 pm, and 20<sup>th</sup>, noon to 11:00 pm. at Van Schaick Park.

## Club Business:

- The club will have a booth at the Fall Festival at which coffee mugs and Money Bear tickets will be sold.
- Money Bear tickets were distributed among the membership.

## Program:

Marilyn Wheeler, Founding Executive Director of Counseling Care & Services, spoke to our Rotary Club. Marilyn explained that in this part of Albany County few organizations provide the type of services that they do. Counseling Care & Services provides a full range of: individual, marital, family and child related therapy. In fact, they have a contact with the Office of Mental Health to provide these services to children.

Most of their staff have masters degrees and are certified mental health counselors who: evaluate, and treat people in consultation with doctors.

They help people with: anxiety disorders and depression; young mothers in dealing with the challenge of a new born child; building self esteem; how to discipline children and set expectations for them; assessment and evaluation for people on probation.

The experiences of Counseling Care & Services were instrumental in writing an American Psychological Association (APA) book entitled Therapeutic Alliances in Couple and Family Therapy.

For the past 10 years they have been located St. John's Episcopal Church, 405 Vilet Blvd in Cohoes.

Colin Demers responded on behalf of the club.

**Next Week's Program:** Award to Cohoes Public Library

## When and Where Other Rotary Clubs Meet:

Monday	
<b>Corinth</b>	<b>7:15PM</b>
Agape Bed and Breakfast, Rt. 9N, Corinth	
<b>Hudson Falls</b>	<b>12:10 PM</b>
Pizza Hut. Rt.4, Fort Edward	
<b>Racing City Rotary</b>	<b>5:30 PM</b>
Olde Gaslight Restaurant, 12 Ballston Avenue, Saratoga Springs	
<b>Burnt Hills/Ballston Lake</b>	<b>6:15 PM</b>
Bill Sewell Community Room, Town of Ballston Town Hall	
<b>Lake George</b>	<b>6:15 PM</b>
Holiday Inn Rt. 2223 State Rt. 9	
Tuesday	
<b>Northern Lake George</b>	<b>7:30 AM</b>
Watson Arts Center, Silver Bay	
<b>Wilton</b>	<b>7:30 AM</b>
Friendly's Restaurant, Route 50, Wilton	
<b>Latham</b>	<b>12:00 PM</b>
Century House, Latham	
<b>Watervliet</b>	<b>12:10 PM</b>
First Presbyterian Church, 819 23 <sup>rd</sup> Street, Watervliet Meets 2 <sup>nd</sup> and 4 <sup>th</sup> weeks only)	
<b>Ballston Spa</b>	<b>12:15 PM</b>
Manna's Restaurant, 17 Low St, Ballston Spa	
<b>Glove Cities</b>	<b>12:15 PM</b>
Holiday Inn, Rt. 30A, Johnstown	
<b>Menands</b>	<b>12:15 PM</b>
The Corner Well Restaurant, 698 North Pearl St.	
<b>Scotia</b>	<b>6:00 PM</b>
Turf Tavern, 40 Mohawk Avenue, Scotia	
<b>South Glens Falls</b>	<b>5:45 PM</b>
Humbuggs, Corner Bluebird Rd. and Rt. 32, South Glens Falls	
<b>Chestertown</b>	<b>6:15 PM</b>
O.P. Frederick's Restaurant, Rt. 8., Chestertown	
<b>Lansingburgh</b>	<b>6:15 PM</b>
Paradise Lounge, 630 2 <sup>nd</sup> and 117 <sup>th</sup> Streets, Troy	
<b>Northville</b>	<b>6:30 PM</b>
(Call for locations and directions)	
<b>Schoharie</b>	<b>6:30 PM</b>
Parrot House - Rt. 30 Main St. Schoharie	

Wednesday	
<b>Niskayuna</b>	<b>7:15 AM</b>
Route 7 Diner, 1090 Troy-Schenectady Road	
<b>Delmar</b>	<b>7:30 AM</b>
Normanside Country Club, 150 Salisbury Rd., Delmar	
<b>Mohawk Valley</b>	<b>7:30 AM</b>
Senior Center, 204 Canal St., Fort Plain	
<b>Schenectady East</b>	<b>7:30 AM</b>
Old Country Buffet, Crosstown Plaza, Rt. 7, Schenectady	
<b>Turning Point</b>	<b>7:30 AM</b>
General Schuyler Pantry 166 Broad St., Schuylerville	
<b>Champlain Canal</b>	<b>8:00 PM</b>
Community Room, Mid-Rise Senior Apts, 180 N. Main Street Mechanicville	
<b>Albany</b>	<b>12:15 PM</b>
Wolferts Roost Country Club, 1230 Van Rensselaer Blvd., Albany	
<b>Amsterdam</b>	<b>12:15 PM</b>
Raindancer Steak Parlor, Rt. 30N, Amstgerdam	
<b>Cohoes</b>	<b>12:15 PM</b>
Century House, Rt. 9, Latham	
<b>Colonie-Guilderland</b>	<b>12:15 PM</b>
Western Turnpike Golf Course Rt. 20, Guilderland	
<b>Saratoga Springs</b>	<b>12:15 PM</b>
Longfellows Restaurant, Rt. 9P	
<b>Cobleskill</b>	<b>6:10 PM</b>
Best Western Inn of Cobleskill Rt. 7, Main Street, Cobleskill.	
<b>Granville</b>	<b>6:15 PM</b>
AJ's Restaruent, Quaker Street, Granville	

Thursday	
<b>Malta Sunrise</b>	<b>7:15 AM</b>
Malta Diner Rts. 9 & 67, Malta (Exit 12 off I87)	
<b>Rotterdam Sunrise</b>	<b>7:15 AM</b>
McLanes Restaurant, 2717 Broadway, Rotterdam	
<b>Shenendehowa</b>	<b>7:15 AM</b>
Coburg Village Retirement Facility, Grooms Rd., Clifton Park	
<b>North Creek</b>	<b>7:30 AM</b>
Marsha's Restaurant, Main St., North Creek	
<b>Schenectady</b>	<b>12:00 PM</b>
Stockade Inn, 1 North Church St., Schenectady	
<b>Twin Bridges</b>	<b>12:00 PM</b>
Salty's, Northway Exit 8A, East of Rt. 9, Halfmoon	
<b>Glens Falls</b>	<b>12:10 PM</b>
Queensbury Hotel, 88 Ridge Street, glens Falls	
<b>Troy</b>	<b>12:15 PM</b>
The Red Front Restaurant, 71 Division Street, Troy	
<b>Middleburgh</b>	<b>6:05 PM</b>
Middleburgh United Methodist Church, Rt. 145 Middleburgh Main St. & Bush Rd.)	
<b>Salem</b>	<b>6:15 PM</b>
Bunker Hill B&B on Bunker Hill Rd. Salem (5.5 mi. NW of Salem)	
<b>Southern Rensselaer</b>	<b>6:15 PM</b>
Holiday Inn Express,US 4 East Greenbush (Exit 9 off I 90)	
<b>Broadalbin</b>	<b>6:30 PM</b>
The White Holland House, 1520 Ste Highway 29, Gloversville	
<b>Fort Ann</b>	<b>6:30 PM</b>
Mountain View Java, Rt 4, Fort Ann	
<b>Sharon Springs</b>	<b>6:30 PM</b>
Pit Stop BBQ, Rts. 10 & 20, Sharon Springs	
Friday	
<b>Glenville</b>	<b>7:15 AM</b>
Turf Tavern, Rt. 50, Scotia	

**Rotary Club of Cohoes**  
PO Box 81  
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