



Rota-Briefs



Rotary Club of Cohoes - A Subsidiary of Rotary International

August 20, 2008

Invocation: Al Pasinella

Song: Chuck Reis - Smiles (That Make You Happy)

Anniversaries: None

Birthdays: None

Visiting Rotarians: Byron Moak, Lansingburgh Club

Guests: Julie and Nickie Defruscio, Juvenile Diabetes Research Foundation

Big Bucks

Mystery Raffle: Ed Tremblay received a tee shirt given to the club by Julie Defruscio.

Powerball: Ed Tremblay tried for the prize but was unsuccessful.

Sawbuck Raffle: Mason Brooks.

Rotarians Present: Barrett, Dedrick, Hornbrook, Hull, Pasinella, Ries, Robert, Signoracci, Speidel, Tremblay E., R. T., Van Alstine, R. W. Van Alstine.

Good News/Bad News: The following members paid happy/ sad dollars: Al Pasinella because he missed 3 meetings; Bob Van Alstine because his son Matt made a safe journey to Brooklyn where he began attending Brooklyn College; Chuck Dedrick because he missed a meeting; Chuck Ries because Chuck Dedrick was in attendance today; Byron Moak because the Chicken Barbeque Bonaventure's Parish was a success; Colin Demers because the Century House refinished the dance floor in the White Ballroom where we were meeting and because he will be bringing his daughter to London where she will begin college; and Ed Tremblay because Mike Brooks is feeling better.

Rotary Club Officers

Colin Demers -President

Marshall Barrett -Vice President/Program Chair

Robert W. Van Alstine -Secretary/Bulletin Editor

Michael Brooks-Treasurer

Beverly Signoracci-Sergeant At Arms

Mike Popolizio-District Governor

Cohoes Rotary Web Site

www.timesunion.com./communities/rotary/Cohoes

Events:

- Amateur Boxing Shows - August 30th and September 20th, sponsored by the Cohoes Youth Boxing Club. The one on August 30th will be at the Ukrainian Park and will begin at 4:00 pm. The one on September 20th will be at the Island Festival.
- Island Fall Festival, sponsored by the Kiwanis Club of Cohoes and the Van Schaick Island Neighborhood Watch, September 19th 5:00 to 11:00 pm, and 20th - noon to 11:00 pm. at Van Schaick Park.

Club Business:

- New web site - Bev Signoracci suggested that it contain links to members' web sites (local businesses). Bob Van Alstine stated that the club has contacted the District as to District and/ or RI policy in this regard.
- The club will be staffing an informational booth at the Island Fall Festival to market the club and to sell Christmas ornaments and money bear tickets. Members wishing to help are asked to contact Colin Demers or Ed Tremblay.
- September 2, 2008 – September Board meeting.
- September 3, 2008 - Club Assembly at which we will staff our committees for the 2008/9 year. Committees are: Budget (already staffed), Fund Raising, Holiday Party, Installation, Luncheons and Membership. Colin Demers stated that Rotarians must be prepared to volunteer for committee participation at the Club Assembly.

Program: Julie Defruscio - Juvenile Diabetes Research Foundation

Julie Defruscio and her 10 year old daughter Nickie talked to the club about Juvenile Diabetes. Julie focused on Type 1 Diabetes. She explained that some children have a latent condition, that when triggered results in permanent destruction of cells in the pancreas that produce insulin. Therefore, diet and exercise alone are not sufficient to control this condition. Insulin must be taken. The invention of insulin pumps makes life much easier for those who have this disease. Nickie Defruscio told members of the club what her life is like with Type 1 Diabetes. Julie gave a tee shirt to the club. Ed Tremblay responded on behalf of the club and presented the Award to Julie.

Next Week's Program: Cohoes Music Hall

When and Where Other Rotary Clubs Meet:

Monday	
Corinth	7:15PM
Agape Bed and Breakfast, Rt. 9N, Corinth	
Hudson Falls	12:10 PM
Pizza Hut. Rt.4, Fort Edward	
Racing City Rotary	5:30 PM
Olde Gaslight Restaurant, 12 Ballston Avenue, Saratoga Springs	
Burnt Hills/Ballston Lake	6:15 PM
Bill Sewell Community Room, Town of Ballston Town Hall	
Lake George	6:15 PM
Holiday Inn Rt. 2223 State Rt. 9	
Tuesday	
Northern Lake George	7:30 AM
Watson Arts Center, Silver Bay	
Wilton	7:30 AM
Friendly's Restaurant, Route 50, Wilton	
Latham	12:00 PM
Century House, Latham	
Watervliet	12:10 PM
First Presbyterian Church, 819 23 rd Street, Watervliet Meets 2 nd and 4 th weeks only)	
Ballston Spa	12:15 PM
Manna's Restaurant, 17 Low St, Ballston Spa	
Glove Cities	12:15 PM
Holiday Inn, Rt. 30A, Johnstown	
Menands	12:15 PM
The Corner Well Restaurant, 698 North Pearl St.	
Scotia	6:00 PM
Turf Tavern, 40 Mohawk Avenue, Scotia	
South Glens Falls	5:45 PM
Humbuggs, Corner Bluebird Rd. and Rt. 32, South Glens Falls	
Chestertown	6:15 PM
O.P. Frederick's Restaurant, Rt. 8., Chestertown	
Lansingburgh	6:15 PM
Paradise Lounge, 630 2 nd and 117 th Streets, Troy	
Northville	6:30 PM
(Call for locations and directions)	
Schoharie	6:30 PM
Parrot House - Rt. 30 Main St. Schoharie	

Wednesday	
Niskayuna	7:15 AM
Route 7 Diner, 1090 Troy-Schenectady Road	
Delmar	7:30 AM
Normanside Country Club, 150 Salisbury Rd., Delmar	
Mohawk Valley	7:30 AM
Senior Center, 204 Canal St., Fort Plain	
Schenectady East	7:30 AM
Old Country Buffet, Crosstown Plaza, Rt. 7, Schenectady	
Turning Point	7:30 AM
General Schuyler Pantry 166 Broad St., Schuylerville	
Champlain Canal	8:00 PM
Community Room, Mid-Rise Senior Apts, 180 N. Main Street Mechanicville	
Albany	12:15 PM
Wolferts Roost Country Club, 1230 Van Rensselaer Blvd., Albany	
Amsterdam	12:15 PM
Raindancer Steak Parlor, Rt. 30N, Amstgerdam	
Cohoes	12:15 PM
Century House, Rt. 9, Latham	
Colonie-Guilderland	12:15 PM
Western Turnpike Golf Course Rt. 20, Guilderland	
Saratoga Springs	12:15 PM
Longfellows Restaurant, Rt. 9P	
Cobleskill	6:10 PM
Best Western Inn of Cobleskill Rt. 7, Main Street, Cobleskill.	
Granville	6:15 PM
AJ's Restaruent, Quaker Street, Granville	

Thursday	
Malta Sunrise	7:15 AM
Malta Diner Rts. 9 & 67, Malta (Exit 12 off I87)	
Rotterdam Sunrise	7:15 AM
McLanes Restaurant, 2717 Broadway, Rotterdam	
Shenendehowa	7:15 AM
Coburg Village Retirement Facility, Grooms Rd., Clifton Park	
North Creek	7:30 AM
Marsha's Restaurant, Main St., North Creek	
Schenectady	12:00 PM
Stockade Inn, 1 North Church St., Schenectady	
Twin Bridges	12:00 PM
Salty's, Northway Exit 8A, East of Rt. 9, Halfmoon	
Glens Falls	12:10 PM
Queensbury Hotel, 88 Ridge Street, glens Falls	
Troy	12:15 PM
The Red Front Restaurant, 71 Division Street, Troy	
Middleburgh	6:05 PM
Middleburgh United Methodist Church, Rt. 145 Middleburgh Main St. & Bush Rd.)	
Salem	6:15 PM
Bunker Hill B&B on Bunker Hill Rd. Salem (5.5 mi. NW of Salem)	
Southern Rensselaer	6:15 PM
Holiday Inn Express,US 4 East Greenbush (Exit 9 off I 90)	
Broadalbin	6:30 PM
The White Holland House, 1520 Ste Highway 29, Gloversville	
Fort Ann	6:30 PM
Mountain View Java, Rt 4, Fort Ann	
Sharon Springs	6:30 PM
Pit Stop BBQ, Rts. 10 & 20, Sharon Springs	
Friday	
Glenville	7:15 AM
Turf Tavern, Rt. 50, Scotia	

Rotary Club of Cohoes
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