



Rota-Briefs



Rotary Club of Cohoes - A Subsidiary of Rotary International

October 8, 2008

Invocation: Keith Hornbrook
Song: Mike Brooks - Happy Days Are Here Again

Anniversaries: None
Birthdays: Lydia Pearson
Visiting Rotarians: None
Guests: Jane Ferris, Kathy Leonard

Big Bucks

Mystery Raffle: Harry McDonald
Powerball: Keith Hornbrook tried for the prize but was unsuccessful.

Sawbuck Raffle: Flo Bouchard

Rotarians Present: Barrett, Brooks, Demers, Farrell, Hornbrook, McDonald, O' Shea, Pasinella, Ries, Robert, Signoracci, Speidel, Tremblay E., Tremblay L., R. W. Van Alstine, R. T. Van Alstine.

Good News/Bad News: The following members paid happy/ sad dollars:

Bob Van Alstine because he and his wife will be visiting their son and his fiancée in Washington DC; Al Pasinella because the funding for the Oral History project sponsored by the NYS Military Museum was cut in half and that this is the last chance that people have do give their history of service in a war; Harry McDonald for the success of the Rays; Linda Trembley because her aunt (Jane Ferris) is selling her house and moving down South; Chuck Reis because he missed last week and because he missed seeing Bob Van Alstine (senior); Mike Brooks r.e. NYS military Museum; Keith Hornbrook because he missed last week; Marshall Barrett because this weekend he and his wife will be at a wedding near Canton, NY;

Rotary Club Officers

Colin Demers -President
Marshall Barrett -Vice President/Program Chair
Robert W. Van Alstine -Secretary/Bulletin Editor
Michael Brooks-Treasurer
Beverly Signoracci-Sergeant At Arms
Mike Popolizio-District Governor

Cohoes Rotary Web Site

www.timesunion.com./communities/rotary/Cohoes

Ed Tremblay because his oldest son is having a birthday; Bev Signoracci because Linda collected good news/ bad news money; and Colin Demers because his daughter in London got a part time job.

Events:

- The Counseling Care & Services - Care Awards Dinner will be held On October 19th at the Ukrainian Club in Cohoes.

Club Business:

- Colin passed out the draft copy of the club marketing brochure and asked that any suggested changes be given to Bob Van Alstine.
- Colin stated that 25% of any gift certificate purchased at the Century House will be given to the Rotary Club of Cohoes. The purchaser must state that it is for Rotary.
- Club lottery tickets will be available by next week. The club will be selling them the end of October and the month of November. Drawings will be held during the month of December.
- Colin passed out a draft copy of the home page (the page that you see when you call up a web site) for our new web site for the board members to comment on. Any comments should be given to Bob Van Alstine or Mike Brooks.
- Colin told who the speakers for the rest of the month would be: October 15 - see Next Week's Program below, October 22 - Ralph Pascale - Spendwood School of Dance; and Rick Colquhoun - The Vineyard Church.
- Colin stated that all committee chairs should be prepared to give an update on their progress at next weeks meeting. A list of chairs and committee members accompany these minutes.
- Flyers were given to club members to advertise the Cohoes Rotary Christmas Ornament Sale. An ornament sells for \$15.00.

Program:

Kathy Leonard of St. Peters Hospital gave a presentation on their Life Line Program.

A more detailed discussion is included as an attachment to this week's newsletter.

Al Pasinella responded on behalf on the club.

Next Week's Program:

Salvatore Prizio - Bread and Jam - Cohoes Coffee House.

When and Where Other Rotary Clubs Meet:

Monday	
Corinth	7:15PM
Agape Bed and Breakfast, Rt. 9N, Corinth	
Hudson Falls	12:10 PM
Pizza Hut. Rt.4, Fort Edward	
Racing City Rotary	5:30 PM
Olde Gaslight Restaurant, 12 Ballston Avenue, Saratoga Springs	
Burnt Hills/Ballston Lake	6:15 PM
Bill Sewell Community Room, Town of Ballston Town Hall	
Lake George	6:15 PM
Holiday Inn Rt. 2223 State Rt. 9	
Tuesday	
Northern Lake George	7:30 AM
Watson Arts Center, Silver Bay	
Wilton	7:30 AM
Friendly's Restaurant, Route 50, Wilton	
Latham	12:00 PM
Century House, Latham	
Watervliet	12:10 PM
First Presbyterian Church, 819 23 rd Street, Watervliet Meets 2 nd and 4 th weeks only)	
Ballston Spa	12:15 PM
Manna's Restaurant, 17 Low St, Ballston Spa	
Glove Cities	12:15 PM
Holiday Inn, Rt. 30A, Johnstown	
Menands	12:15 PM
The Corner Well Restaurant, 698 North Pearl St.	
Scotia	6:00 PM
Turf Tavern, 40 Mohawk Avenue, Scotia	
South Glens Falls	5:45 PM
Humbuggs, Corner Bluebird Rd. and Rt. 32, South Glens Falls	
Chestertown	6:15 PM
O.P. Frederick's Restaurant, Rt. 8., Chestertown	
Lansingburgh	6:15 PM
Paradise Lounge, 630 2 nd and 117 th Streets, Troy	
Northville	6:30 PM
(Call for locations and directions)	
Schoharie	6:30 PM
Parrot House - Rt. 30 Main St. Schoharie	

Wednesday	
Niskayuna	7:15 AM
Route 7 Diner, 1090 Troy-Schenectady Road	
Delmar	7:30 AM
Normanside Country Club, 150 Salisbury Rd., Delmar	
Mohawk Valley	7:30 AM
Senior Center, 204 Canal St., Fort Plain	
Schenectady East	7:30 AM
Old Country Buffet, Crosstown Plaza, Rt. 7, Schenectady	
Turning Point	7:30 AM
General Schuyler Pantry 166 Broad St., Schuylerville	
Champlain Canal	8:00 PM
Community Room, Mid-Rise Senior Apts, 180 N. Main Street Mechanicville	
Albany	12:15 PM
Wolferts Roost Country Club, 1230 Van Rensselaer Blvd., Albany	
Amsterdam	12:15 PM
Raindancer Steak Parlor, Rt. 30N, Amstgerdam	
Cohoes	12:15 PM
Century House, Rt. 9, Latham	
Colonie-Guilderland	12:15 PM
Western Turnpike Golf Course Rt. 20, Guilderland	
Saratoga Springs	12:15 PM
Longfellows Restaurant, Rt. 9P	
Cobleskill	6:10 PM
Best Western Inn of Cobleskill Rt. 7, Main Street, Cobleskill.	
Granville	6:15 PM
AJ's Restaruent, Quaker Street, Granville	

Thursday	
Malta Sunrise	7:15 AM
Malta Diner Rts. 9 & 67, Malta (Exit 12 off I87)	
Rotterdam Sunrise	7:15 AM
McLanes Restaurant, 2717 Broadway, Rotterdam	
Shenendehowa	7:15 AM
Coburg Village Retirement Facility, Grooms Rd., Clifton Park	
North Creek	7:30 AM
Marsha's Restaurant, Main St., North Creek	
Schenectady	12:00 PM
Stockade Inn, 1 North Church St., Schenectady	
Twin Bridges	12:00 PM
Salty's, Northway Exit 8A, East of Rt. 9, Halfmoon	
Glens Falls	12:10 PM
Queensbury Hotel, 88 Ridge Street, glens Falls	
Troy	12:15 PM
The Red Front Restaurant, 71 Division Street, Troy	
Middleburgh	6:05 PM
Middleburgh United Methodist Church, Rt. 145 Middleburgh Main St. & Bush Rd.)	
Salem	6:15 PM
Bunker Hill B&B on Bunker Hill Rd. Salem (5.5 mi. NW of Salem)	
Southern Rensselaer	6:15 PM
Holiday Inn Express, US 4 East Greenbush (Exit 9 off I 90)	
Broadalbin	6:30 PM
The White Holland House, 1520 Ste Highway 29, Gloversville	
Fort Ann	6:30 PM
Mountain View Java, Rt 4, Fort Ann	
Sharon Springs	6:30 PM
Pit Stop BBQ, Rts. 10 & 20, Sharon Springs	
Friday	
Glenville	7:15 AM
Turf Tavern, Rt. 50, Scotia	

Rotary Club of Cohoes
PO Box 81
Cohoes, NY 12047



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Attachment to October 8, 2008 Rota-Briefs

St. Peters Hospital Lifeline

The following is a summary of a presentation given by Kathy Leonard of St. Peters Hospital regarding their Lifeline program.

Background:

Kathy Leonard began her talk by providing some background about herself. She began working for St. Peters Hospital in January 2008. Prior to that she was with St. Clare's Hospital for 19 years. She was a Rotarian in the Schenectady club.

Objective:

Kathy stated that the purpose of her presentation was to tell us about Lifeline and to dispel common falsehoods regarding the type of people who benefit from this program.

How Lifeline Works:

People who subscribe to Lifeline wear either a: wrist band, a special wrist watch, or on a chain worn around the neck. If they need assistance, they press the Lifeline button. Within 5 seconds a message comes on the unit that is within your home that a 'Call Is In Progress'. Within 90 seconds, a Lifeline staff person calls you from the 24/7 Hotline to verify what your situation is and what type of service you need. Then they dispatch people to give you assistance.

You can access Lifeline by pressing a button on something you wear, or by pressing the button on the unit in your home.

Kathy also explained that they have a Voice Extender that can be put anywhere in the house. For example: on a front porch or in a basement. This voice extender magnifies the voice coming from the base unit. She also explained that service providers are currently working on Lifeline technology that will work with cell phones.

Who is Lifeline For:

Lifeline has been stereotyped. A common misconception is that Lifeline is only for people who are really old or very sick. The reality is that these services are not age dependent at all.

Kathy told about a 72 year old woman who fell in her bathroom and was stuck and unable to get up. This woman was not old, and was in good health. In fact she was on her way out to play golf. She pressed the button for Lifeline and people were dispatched to her home to free her.

Kathy provided several examples of people who could benefit from Lifeline. People who have come from physical therapy and just gone home should have Lifeline. What if they fall, or become dizzy or disoriented because of medications that they are taking? Lifeline allows them to get help to prevent an accident from becoming a tragedy.

Lifeline also helpful for people who are susceptible to accidents. Age has nothing to do with it. For these people, the time between when the accident occurs and when help arrives is critical.

Kathy also asked how many people in attendance at our Rotary Club meeting had Lifeline. Two raised their hands.

How Much Does Lifeline Cost:

The cost of Lifeline is \$38.00 per month. If needed, St. Peter's can offer \$31/month.

St. Peter's Lifeline Statistics:

Number of people who subscribe to Lifeline:	2, 107.
% of subscribers whose adult children pay for it:	82%