

Officers for 2008 - 2009

President - Colin Demers
President Elect - Marshall Barrett
Secretary - Bob Van Alstine
Treasurer - Mike Brooks
Sergeant at Arms - Bev Signoracci

Interesting Presentations Recent Speaker and Topics

You can learn a lot!

Cohoes - Local:

- Cohoes Mayor, John T. McDonald, update on activities in the City of Cohoes.
- Tom Uncher, Brookfield Power - planned enhancements to the Cohoes Power plant.
- Middle and High School students of the month.
- Danielle Lagace, Human Services - City of Cohoes update on projects and activities.
- John Doemel - Activities at the Cohoes Community Center.
- Keith Hornbrook - Activities at the Cohoes Multi-Service Senior Center.
- Julie Defruscio - Juvenile Diabetes Research Foundation.
- Tony Rivera - Activities at the Cohoes City Music Hall.

Regional:

- Major Lydia Pearson - Work of The Salvation Army.

- Activities of the Mohawk Valley Towpath Commission.
- Byron Moak - The Shriners.
- Linda Comstock - Regional Food Bank of Northeastern New York.

International:

- Helen Penna and Mel Horowitz - Rotary water project in China.

Health and Well Being:

- Monica Kergel, Albany County Office of the Aging - Long Term Care Insurance.
- Allison Joseph, Fidelis Medicare Advantage - health insurance.
- Mike Frontera, NPA Financial - personal finances.

Other - Just for Fun:

- Gabrielle Pecora, Dewar's - how scotch is made.
- Nigel Johnson - Cohoes Design Glass Associates - the work that his company does with stained glass.

The Rotary Club of Cohoes



You and Rotary: Working Together For a Better Cohoes



Cohoes Falls

What Is Rotary?

Rotary is an organization that brings together people from businesses, professions and the community to provide humanitarian services. Members, called Rotarians, encourage high ethical standards in their vocations, and help to promote peace and good will.

What Is The Rotary Club of Cohoes?

The Rotary Club of Cohoes has a rich history. It was chartered on April 10, 1927 and has been providing service to Cohoes ever since.

What Does the Rotary Club of Cohoes Do?

Community Service Projects:

- Salvation Army Bell Ringers.
- Annual City Beautification – Cleaning Overlook Park.

Area and International Humanitarian Efforts:

- Sponsored foreign exchange students. (We have had one from Australia and another from Brazil).
- Sponsored Tony Rivera in the Rotary Group Study Exchange to Brazil.
- Donated to Shelter Box for Myanmar disaster assistance.

Awards to Local Organizations:

Annual awards are given the following:

- Cohoes Community Center
- Senior Center
- Cohoes Public Library
- The Salvation Army
- Scholarship to Cohoes High School graduating seniors
- Cohoes Music Hall
- Juvenile Diabetes
- Counseling Care and Services

Service Above Self

Membership in Rotary has many advantages.

- Community service to Cohoes through service projects and fundraisers.
- Fellowship and cooperation with community leaders.
- Informative weekly presentations by a variety of speakers.
- Enhancement of leadership skills by serving on committees, as an officer or on the Rotary club board.
- Participate in local social events: for example - Rotary Night at the Cohoes Music Hall.

Take the Next Step!

Enjoy weekly meetings with friends you already have or will make; have a few laughs and help Cohoes at the same time.

Contact our Membership Chair -

Mr. Ed Tremblay:

Phone: Days - 237-0507x10

Evenings - 235-4311

Email: Etrembl1@nycap.rr.com

- **Attend a Weekly Meeting As Our Guest:**

The Club meets every Wednesday at the Century House in Latham at 12:00 noon for lunch.

Rotary Ideals

- **Rotary Motto:** Service Above Self
- **2008/9 Theme:** Make Dreams Real
- **Rotary Four Way Test -**
Things we think, say or do:
1st Is it the truth?
2nd Is it fair to all concerned?
3rd Will it build goodwill and better friendships?
4th Will it be beneficial to all concerned?

Want to Learn More About Rotary?

www.rotary.org
www.capitalregionrotary.org
www.rotaryclubofcohoes.org

We are developing a new club website.