



Rota-Briefs



Rotary Club of Cohoes - A Subsidiary of Rotary International

March 2, 2011

Invocation: Ed Tremblay

Song: Chuck Ries - Gang that sang Heart of my Heart

Anniversaries: none

Birthdays: Bill Hull

Visiting Rotarians: none

Guests: none

Big Bucks

Mystery Raffle: Jack Farrell

Powerball: Keith Hornbrook was not successful.

Rotarians Present:

Barrett, Brooks, Farrell, Hornbrook, McDonald, Ries, Signoracci and E. Tremblay.

Good News/Bad News:

The following members paid happy/ sad dollars:

Chuck Ries because he will not be here next week. He will be in Charleston, SC; Mike Brooks because he will miss Chuck Ries, and because Duke Snyder died; Harry McDonald to wish Chuck Ries a good trip; Ed Tremblay because the Bridge Club is doing a raffle to help to the Cohoes Senior Center, and because the Cohoes businesses are doing a Mardi Gras on Friday from 5 to 7 pm and will have a trolley in the City, see Events/Information; Marshall Barrett for missing the March board Meeting; Keith Hornbrook to say thanks for the , thanks for everyone that made the meeting today, and let's hope to see more in the future.

Events/ Information:

- March 4, 2011; [Mardi Gras](#) in Cohoes.
- April 15 - 16, [District 7190 Convention](#). The deadline to sign up is April 10th.
- April 29, 2011, Spaghetti Dinner

Rotary Club Officers

Keith Hornbrook - President

Marshall Barrett - Past President

Robert W. Van Alstine - Secretary/
Editor Club Newsletter

Michael Brooks - Treasurer

Amy Musiker - Sergeant At Arms

Dan Stec - District Governor

Cohoes Rotary Web Site - www.rotaryclubofcohoes.org

May 21 - 25, 2011 [2011 Rotary International Convention](#), New Orleans. Room rates are \$154 a night and there is an option to purchase a one day event pass instead of the entire 3 day meeting. This will be the last conference in the United States for the next few years.

District 7190 - The Tool Box:

[February 2011](#)

March 2011 - Not on district web site yet. Will send in a separate e-mail.

Club Business:

- We are trying to get speakers, will ask the Community Hospice, a youth development group and the mayor with his State of the City.
- John Farrell asked if the school still does a student of the month, as they used to come.
- Keith mentioned that one club makes each member set up a speaker, rotating alphabetically. Newer members could also be a speaker.
- Beginning in March 2011, when the club donates to an organization, we will announce it in the newsletter, and send each member a copy of what we received from the organization that we donated to, in hopes that you will donate as well. We will include a section in the newsletter once a month (the next newsletter following the board meeting) listing those organizations that the club has donated to and the amount of the donation.
- We conclude each weekly meeting with recitation of [The 4 Way Test](#), see below.

Club Donations:

- Community Hospice - \$50.00

Program:

None

The 4-Way Test:

The 4-Way Test "Of the things we think, say or do":

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?"

From [ABC's of Rotary](#)



THE *caring* FOR life APPEAL.....

Thank you for helping support the services we provide to patients and their families.

February 17, 2011

Dear Mr. Demers,

"Quality of life" is something that's important to all of us, regardless of whether we're raising a family, in the middle of a busy, successful career, or we're enjoying our retirement years.

It's especially important to people dealing with a serious illness. People like Bill, the gentleman you see in the photos on the right, who's one of 600 patients The Community Hospice is caring for right now here in our area.

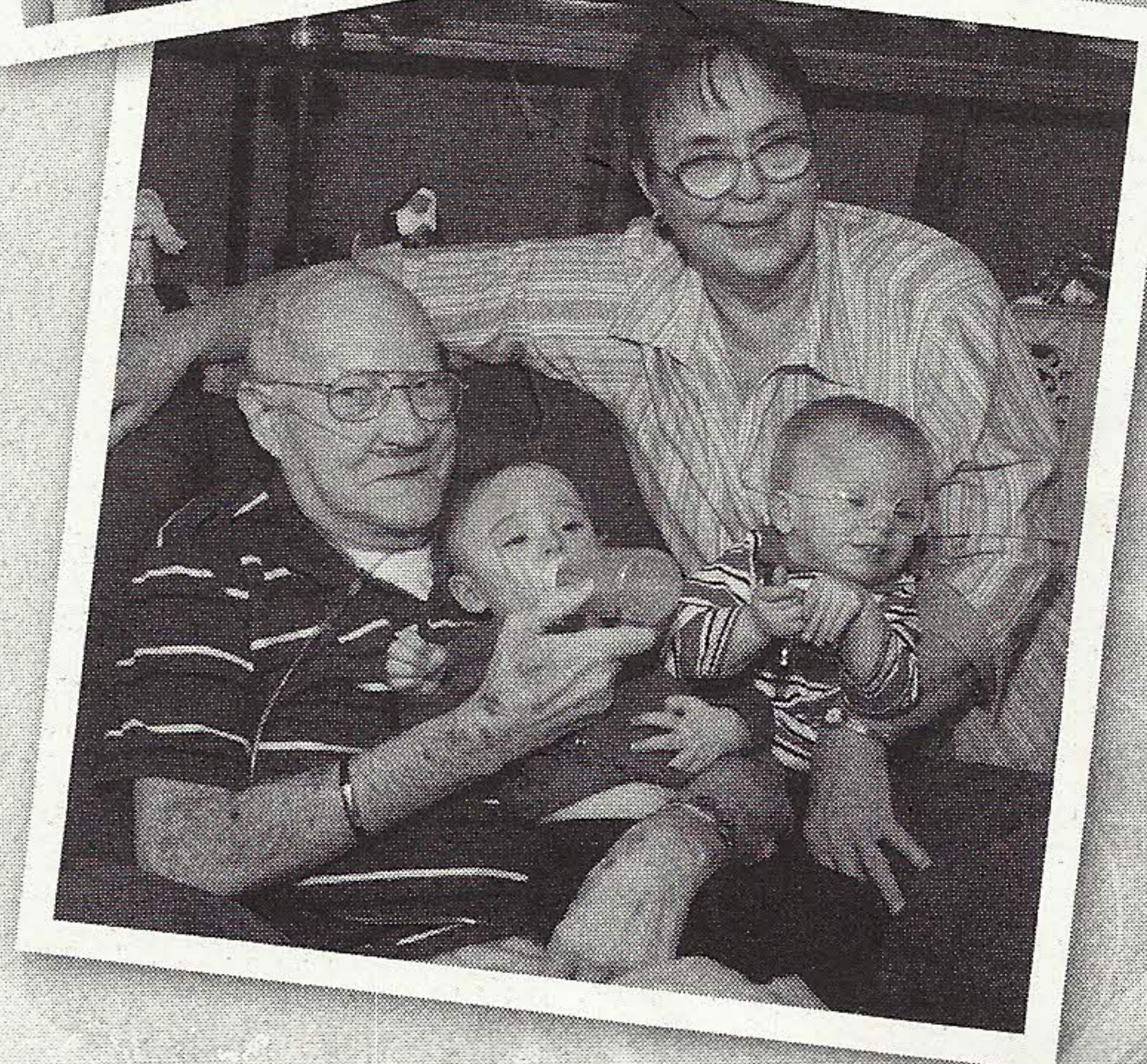
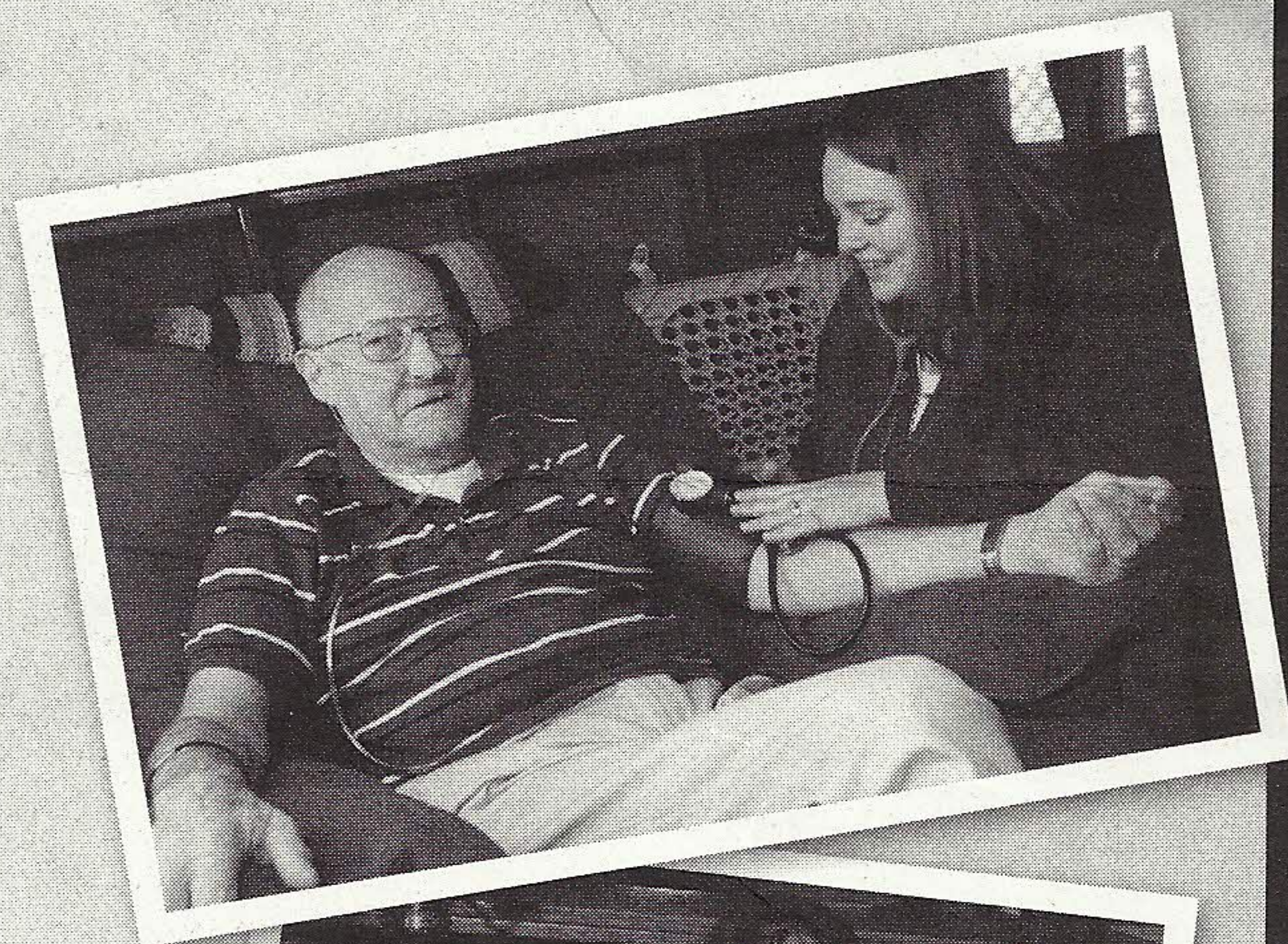
Thanks to your support, we're able to help Bill stay home, where he's comfortable and surrounded by the people and things he loves. Look at the family photo: that's Bill in his favorite chair, next to his wife Carol (married 48 years!), and his twin grandchildren, who come spend time with grandpa nearly every day.

That's really what quality of life is all about. And for those who are seriously ill, it's also about medical help coming to them, so they don't have to make a trip to the hospital or doctor's office (especially when it's cold and icy outside). The other photo shows Bill's Hospice nurse, Alison, who visits once or twice a week. He's also seen regularly by the rest of his Hospice team: a doctor who's come to Bill's house twice in the past few months, a social worker, a chaplain, even a volunteer helper. They're all focused on getting Bill to live every moment to the fullest.

With your help, the valuable assistance The Community Hospice provides will always be available for our friends, neighbors and family. Please consider making a tax-deductible gift of \$20, \$50, \$100 or whatever amount is meaningful to you. Thanks to you, patients like Bill are seeing that serious illness doesn't mean sacrificing quality of life.

Sincerely,

Steven Wendt
Chair, The Community Hospice Board of Directors



proudly SERVING
7 counties...

Albany, Rensselaer,
Saratoga, Schenectady
Columbia, Greene,
and Montgomery

295 VALLEY VIEW BLVD. RENSSELAER, NY 12144 • (518) 285-8166 • WWW.COMMUNITYHOSPICE.ORG

To help The Community Hospice care for seriously ill people and their families,

I want to make a gift of \$ _____

This gift is made: _____ In Memory of _____ In Honor of _____

Name _____

I will fulfill my gift in the following manner:

_____ Check made payable to *The Community Hospice*

_____ MasterCard _____ Visa _____ American Express

Card # _____ Expires _____ / _____

Signature _____

My E-mail _____

Please indicate which region you represent:

_____ Albany _____ Rensselaer _____ Saratoga

_____ Schenectady _____ Montgomery _____ Columbia/Greene

OTHER WAYS TO GIVE:

Donate online at www.communityhospice.org.

Check with your employer regarding a Matching Gifts program and please apply to have your gift matched (GE employees/retirees: Please call 1-800-305-0669 or visit www.GEFoundation.com)

Please remember The Community Hospice in your will.

If you do not wish to be contacted in the future regarding Hospice fund raising, please write to us at the address above.

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Mr. Colin Demers
Rotary Club of Cohoes
PO Box 81
Cohoes NY 12047-0081



When and Where Other Rotary Clubs Meet:

Monday	
Corinth	7:15PM
Agape Bed and Breakfast, Rt. 9N, Corinth	
Hudson Falls	12:10 PM
Pizza Hut. Rt.4, Fort Edward	
Racing City Rotary	5:30 PM
Olde Gaslight Restaurant, 12 Ballston Avenue, Saratoga Springs	
Burnt Hills/Ballston Lake	6:15 PM
Bill Sewell Community Room, Town of Ballston Town Hall	
Lake George	6:15 PM
Holiday Inn Rt. 2223 State Rt. 9	
Tuesday	
Northern Lake George	7:30 AM
Watson Arts Center, Silver Bay	
Wilton	7:30 AM
Friendly's Restaurant, Route 50, Wilton	
Latham	12:00 PM
Century House, Latham	
Watervliet	12:10 PM
First Presbyterian Church, 819 23 rd Street, Watervliet Meets 2 nd and 4 th weeks only)	
Ballston Spa	12:15 PM
Manna's Restaurant, 17 Low St, Ballston Spa	
Glove Cities	12:15 PM
Holiday Inn, Rt. 30A, Johnstown	
Menands	12:15 PM
The Corner Well Restaurant, 698 North Pearl St.	
Scotia	6:00 PM
Turf Tavern, 40 Mohawk Avenue, Scotia	
South Glens Falls	5:45 PM
Humbuggs, Corner Bluebird Rd. and Rt. 32, South Glens Falls	
Chestertown	6:15 PM
O.P. Frederick's Restaurant, Rt. 8., Chestertown	
Lansingburgh	6:15 PM
Paradise Lounge, 630 2 nd and 117 th Streets, Troy	
Northville	6:30 PM
(Call for locations and directions)	
Schoharie	6:30 PM
Parrot House - Rt. 30 Main St. Schoharie	

Wednesday	
Niskayuna	7:15 AM
Route 7 Diner, 1090 Troy-Schenectady Road	
Delmar	7:30 AM
Normanside Country Club, 150 Salisbury Rd., Delmar	
Mohawk Valley	7:30 AM
Senior Center, 204 Canal St., Fort Plain	
Schenectady East	7:30 AM
Old Country Buffet, Crosstown Plaza, Rt. 7, Schenectady	
Turning Point	7:30 AM
General Schuyler Pantry 166 Broad St., Schuylerville	
Champlain Canal	8:00 PM
Community Room, Mid-Rise Senior Apts, 180 N. Main Street Mechanicville	
Albany	12:15 PM
Wolferts Roost Country Club, 1230 Van Rensselaer Blvd., Albany	
Amsterdam	12:15 PM
Raindancer Steak Parlor, Rt. 30N, Amstgerdam	
Cohoes	12:15 PM
Century House, Rt. 9, Latham	
Colonie-Guilderland	12:15 PM
Western Turnpike Golf Course Rt. 20, Guilderland	
Saratoga Springs	12:15 PM
Longfellows Restaurant, Rt. 9P	
Cobleskill	6:10 PM
Best Western Inn of Cobleskill Rt. 7, Main Street, Cobleskill.	
Granville	6:15 PM
AJ's Restaruent, Quaker Street, Granville	

Thursday	
Malta Sunrise	7:15 AM
Malta Diner Rts. 9 & 67, Malta (Exit 12 off I87)	
Rotterdam Sunrise	7:15 AM
McLanes Restaurant, 2717 Broadway, Rotterdam	
Shenendehowa	7:15 AM
Coburg Village Retirement Facility, Grooms Rd., Clifton Park	
North Creek	7:30 AM
Marsha's Restaurant, Main St., North Creek	
Schenectady	12:00 PM
Stockade Inn, 1 North Church St., Schenectady	
Twin Bridges	12:00 PM
Salty's, Northway Exit 8A, East of Rt. 9, Halfmoon	
Glens Falls	12:10 PM
Queensbury Hotel, 88 Ridge Street, glens Falls	
Troy	12:15 PM
The Red Front Restaurant, 71 Division Street, Troy	
Middleburgh	6:05 PM
Middleburgh United Methodist Church, Rt. 145 Middleburgh Main St. & Bush Rd.)	
Salem	6:15 PM
Bunker Hill B&B on Bunker Hill Rd. Salem (5.5 mi. NW of Salem)	
Southern Rensselaer	6:15 PM
Holiday Inn Express,US 4 East Greenbush (Exit 9 off I 90)	
Broadalbin	6:30 PM
The White Holland House, 1520 Ste Highway 29, Gloversville	
Fort Ann	6:30 PM
Mountain View Java, Rt 4, Fort Ann	
Sharon Springs	6:30 PM
Pit Stop BBQ, Rts. 10 & 20, Sharon Springs	
Friday	
Glenville	7:15 AM
Turf Tavern, Rt. 50, Scotia	

Rotary Club of Cohoes
PO Box 81
Cohoes, NY 12047